

The MREC approval was obtained for the study from the North West Research Ethics Committee on 10 April 2007. LRECs were also approached in each recruitment area prior to recruitment, as were the relevant Research and Development departments. Approval was given at the meetings detailed in the table below.

| Site | PCT/trust | LREC | Approved | Research and development approval |
|--------------------|---|------------------------|-------------------|-----------------------------------|
| North Yorkshire | North Yorkshire & York PCT | York REC | 18 May 2007 | 16 May 2007 |
| Hull & East Riding | Hull PCT and East Riding PCT | Hull & East Riding REC | 18 May 2007 | 18 July 2007 |
| Norfolk | Norfolk PCT and Great Yarmouth and Waveney PCT | Norfolk REC | 8 June 2007 | 4 July 2007 |
| Norfolk | Norfolk and Waveney Mental Health Partnership NHS Trust | Norfolk REC | 12 July 2007 | 4 July 2007 |
| Hull & East Riding | Humber Mental Health Teaching NHS Trust | Hull & East Riding REC | 28 September 2007 | 5 November 2007 |
| Leeds | Leeds PCT | Leeds (East) REC | 28 November 2007 | 12 June 2008 |
| Leeds | Leeds Mental Health Teaching NHS Trust | Leeds (East) REC | 28 November 2007 | 12 June 2008 |
| Fife | NHS Fife | Process changed | | 12 June 2009 |
| Kent | Eastern and Coastal Kent PCT, West Kent PCT | Process changed | | 2 August 2009 |
| Kent | Kent and Medway NHS and SC Partnership Trust | Process changed | | 3 August 2009 |
| Tyneside | NHS South of Tyne and Wear | Process changed | | 26 August 2009 |
| County Durham | Country Durham & Tees Valley PCTs | Process changed | | 11 June 2010 |

Approval was gained at one additional site, but the study did not commence.