

Fields marked in yellow = part of IAPT Data Standard

Referrals tab

Patient ID	Allocated by service for the purpose of data transfer only. Not an identifier.
Region	
Service ID	Allocated by research team.
Year of birth	Non-standard field, calculated by IAPT service (instead of DOB)
Gender	
National Identity	
Ethnic Group	
Ethnic Sub Group	
Religious Belief	
Relationship Status	
Sexual Orientation	
Long Term Conditions	
Long Term Conditions Notes	
Disability Status	
Disability Notes	
Preferred Language	
Able to communicate in spoken English?	
Able to communicate in written English?	
Referral Date	
Referral Source	
Referral Accepted	
Referred Problem	
Provisional Diagnosis made by IAPT service	

Progress through referral at time of this data extraction	
Date episode closed (unless still open)	
First appointment date	
First PHQ-9 score	
First GAD-7 score	
Last PHQ-9 score	
Last GAD-7 score	
Alcohol Misuse	
Drugs Misuse	
Victim of Domestic Violence/ Physical Abuse	
Victim of Sexual Abuse	
Perpetrator of Sexual Violence	
Perpetrator of Physical Abuse	
Client has previously accessed specialist Deaf/BSL services	

Appointments tab

PATIENT ID	Allocated by service for the purpose of data transfer only. Not an identifier.
SERVICE ID	Allocated by research team.
SESSION DATE	
SESSION STAGE	
STEP INTENSITY	
ATTENDANCE	
SHORT NOTICE CANCELLATION	
CONSULTATION MEDIUM	

FACE TO FACE COMMUNICATION MODE	
APPOINTMENT PURPOSE	
PRIMARY INTERVENTION	
SECONDARY INTERVENTION	
SIGNPOST TO	
How were the PHQ-9, GAD-7 and WSAS used with the client? (see key)	
PHQ9 SCORE	
GAD7 SCORE	
W-SAS SCORE	
SOCIAL PHOBIA SCORE	
AGORAPHOBIA SCORE	
SPEC PHOBIA SCORE	
EMPLOYMENT STATUS	
RECEIVING STATUTORY SICK PAY	
USE OF PSYCHOTROPIC MEDICATION	
HONOS CLUSTER	
AGORA SCORE ACC	
AGORA SCORE ALONE	
GEN ANX SCORE	
HEALTH ANX SCORE	
OCD SCORE	
PANIC SCORE	
PTSD SCORE	
SOC PHOBIA INV SCORE	
CLINICAL SUMMARY TITLE	

CLINICAL TIME	
ADMINISTRATIVE TIME	
NEXT EXPECTED CONTACT	

Key to the Codes in Export Data

Gender

0	Not known
1	Male
2	Female
9	Not specified

National Identity

1	English
2	Scottish
3	Welsh
4	Irish
5	British
9	Other

Ethnicity

White

A	British
B	Irish
C	Any other White background

Mixed

D	White and Black Caribbean
E	White and Black African
F	White and Asian
G	Any other mixed background

Asian or Asian British

H	Indian
J	Pakistani
K	Bangladeshi
L	Any other Asian background

Black or Black British

M	Caribbean
N	African
P	Any other Black background

Other Ethnic Groups

R	Chinese
S	Any other ethnic group
Z	Not Stated
99	Not Known

Religious Belief

A	Baha'i
B	Buddhist
C	Christian
D	Hindu
E	Jain
F	Jewish
G	Muslim
H	Pagan
I	Sikh
J	Zoroastrian
K	Other
L	None

- M Declines to Disclose
- N Patient Religion Unknown

Relationship Status

- 1 Single
- 2 Married/Civil Partnership
- 3 Divorced
- 4 Widowed
- 5 Separated
- 6 Cohabiting
- 7 Long-term relationship
- 8 Unknown

Sexual Orientation

- 1 Heterosexual
- 2 Gay/Lesbian
- 3 Bisexual
- 4 Person asked and does not know or is not sure
- 9 Unknown
- Z Not stated (Person asked but declined to provide a response)

Long Term Conditions

- Y Yes
- N No
- U Unknown (Person asked and does not know or is not sure)
- Z Not Stated (Person asked but declined to provide a response)

Disability Codes

- 01 Behaviour and Emotional
- 02 Hearing
- 03 Manual Dexterity
- 04 Memory or ability to concentrate, learn or understand (Learning Disability)
- 05 Mobility and Gross Motor
- 06 Perception of Physical Danger
- 07 Personal, Self Care and Continence
- 08 Progressive Conditions and Physical Health (such as HIV, cancer, multiple sclerosis, fits etc)
- 09 Sight
- 10 Speech
- XX Other
- NN No Disability
- ZZ Not Stated (Person asked but declined to provide a response)

Referral Source Codes

Primary Care

- A1 General Medical Practitioner
- A2 Health Visitor
- A3 Other Primary Health Care

Self Referral

- B1 Self
- B2 Carer

Local Authority Services

- C1 Social Services
- C2 Education Service

Employer

D1 Employer

Justice System

E1 Police

E2 Courts

E3 Probation Service

E4 Prison

E5 Court Liaison and Diversion Service

Child Health

F1 School Nurse

F2 Hospital-based Paediatrics

F3 Community-based Paediatrics

Independent/Voluntary Sector

G1 Independent sector - Medium Secure Inpatients

G2 Independent Sector - Low Secure Inpatients

G3 Other Independent Sector Mental Health Services

G4 Voluntary Sector

Acute Secondary Care

H1 Accident and Emergency Department

H2 Other secondary care specialty

Other Mental Health NHS Trust

I1 Temporary transfer from another Mental Health NHS Trust

I2 Permanent transfer from another Mental Health NHS Trust

Internal referrals from Community Mental Health Team (within own NHS Trust)

J1 Community Mental Health Team (Adult Mental Health)

J2 Community Mental Health Team (Older People)

J3 Community Mental Health Team (Learning Disabilities)

J4 Community Mental Health Team (Child and Adolescent Mental Health)

Internal referrals from Inpatient Service (within own NHS Trust)

K1 Inpatient Service (Adult Mental Health)

K2 Inpatient Service (Older People)

K3 Inpatient Service (Forensics)

K4 Inpatient Service (Child and Adolescent Mental Health)

K5 Inpatient Service (Learning Disabilities)

Transfer by graduation (within own NHS Trust)

L1 Transfer by graduation from Child and Adolescent Mental Health Services to Adult Mental Health Services

L2 Transfer by graduation from Adult Mental Health Services to Older Peoples Mental Health Services

Other

M1 Asylum Services

M2 Telephone or electronic Access Service

M3 Out of Area Agency

M4 Drug Action Team / Drug Misuse Agency

M5 Jobcentre plus**

M6 Other service or agency

IAPT

N1 Stepped up from low intensity IAPT service *

N2 Stepped down from high intensity IAPT service *

* Only applicable to IAPT services

** National Code M5 can only be used for the Mental Health Minimum Data Set and Child and Adolescent Mental Health Services Secondary Uses Data Set, if referrals from Jobcentre Plus are accepted.

Referral Acceptance Codes

- 1 Yes
- 2 No
- 3 Not Stated

Referred Problem AND Provisional Diagnosis (may be the same)

- F10 Mental and behavioural disorders due to use of alcohol
- F11 Mental and behavioural disorders due to use of opioids
- F12 Mental and behavioural disorders due to use of cannabinoids
- F14 Mental and behavioural disorders due to use of cocaine
- F16 Mental and behavioural disorders due to use of hallucinogens
- F31 Bipolar affective disorder
- F32 Depressive episode
- F33 Recurrent depressive disorder
- F34.1 Dysthymia
- F40.0 Agoraphobia (with or without history of panic disorder)
- F40.1 Social phobias
- F40.2 Specific (isolated) phobias
- F41.0 Panic disorder (episodic paroxysmal anxiety)
- F41.1 Generalized anxiety disorder
- F41.2 Mixed anxiety and depressive disorder
- F42 Obsessive-compulsive disorder
- F43.1 Post-traumatic stress disorder
- F45 Somatoform disorders
- F50 Eating disorders
- F51 Nonorganic sleep disorders
- Z63.4 Disappearance and death of family member
- F99 Mental disorder, not otherwise specified

Progress through referral at time of this data extraction (this is NOT an IAPT field)

- 01 Clinical decision - not suitable at time of referral
- 02 Clinical decision - referred on at time of referral
- 03 Clinical decision - not suitable after assessment
- 04 Clinical decision - referred on after assessment
- 05 Awaiting funding decision prior to being accepted for assessment/therapy
- 06 Client declined treatment
- 07 Cannot see because funding for assessment/therapy declined
- 08 Clinical decision - referred on after entering therapy
- 09 Currently in therapy
- 43 Dropped out mid-therapy
- 42 Completed therapy

Step Intensity

- 01 Low intensity - 1st step in current Improving Access to Psychological Therapies care spell
- 02 High intensity - 1st step in current Improving Access to Psychological Therapies care spell
- 03 Low intensity - Stepped down in current Improving Access to Psychological Therapies care spell
- 04 High intensity - stepped up in current Improving Access to Psychological Therapies care spell

Attendance

- 5 Attended on time or, if late, before the relevant care professional was ready to see the patient
- 6 Arrived late, after the care professional was ready to see the patient, but was seen
- 7 Patient arrived late and could not be seen
- 2 Appointment cancelled by, or on behalf of, the patient
- 3 Did not attend - no advance warning given
- 4 Appointment cancelled or postponed by the health care provider

Appointment Cancellation

- Y Appointment slot could be reallocated
- N Appointment slot could not be reallocated

Consultation Medium

- 01 Face to face communication
- 02 Telephone
- 03 Telemedicine web camera
- 04 Talk type for a Person unable to speak
- 05 Email
- 06 Short Message Service (SMS)

Face to Face Communication Mode

- 01 One to one
- 02 Group
- 03 Couple

Appointment Purpose

- 01 Assessment
- 02 Treatment
- 03 Assessment and treatment
- 04 Review only
- 05 Review and treatment
- 06 Follow-up appointment after treatment end
- 07 Other
- 08 Not Recorded

Therapy Type 1 (Primary intervention)

Low Intensity

- 20 Guided Self Help (Book)
- 21 Non-guided Self Help (Book)
- 22 Guided Self Help (Computer)
- 23 Non-Guided Self Help (Computer)
- 24 Behavioural Activation (Low Intensity)
- 25 Structured Physical Activity
- 26 Ante/post-natal counselling
- 27 Psychoeducational peer support
- 28 Other Low Intensity
- 29 Employment Support (Low Intensity)

High Intensity

- 40 Applied relaxation
- 41 Behavioural Activation (High Intensity)
- 42 Couples Therapy for Depression
- 43 Collaborative care (for people with depression and a chronic physical health condition)

- 44 Counselling for Depression
- 45 Brief psychodynamic psychotherapy
- 46 Eye Movement Desensitisation Reprocessing
- 47 Mindfulness
- 48 Other High Intensity (not specified above)
- 49 Employment Support (High Intensity)
- 50 Cognitive Behaviour Therapy (CBT)
- 51 Interpersonal Psychotherapy (IPT)

Therapy Type 2 (Secondary intervention)

Low Intensity

- 20 Guided Self Help (Book)
- 21 Non-guided Self Help (Book)
- 22 Guided Self Help (Computer)
- 23 Non-Guided Self Help (Computer)
- 24 Behavioural Activation (Low Intensity)
- 25 Structured Physical Activity
- 26 Ante/post-natal counselling
- 27 Psychoeducational peer support
- 28 Other Low Intensity
- 29 Employment Support (Low Intensity)

High Intensity

- 40 Applied relaxation
- 41 Behavioural Activation (High Intensity)
- 42 Couples Therapy for Depression
- 43 Collaborative care (for people with depression and a chronic physical health condition)
- 44 Counselling for Depression
- 45 Brief psychodynamic psychotherapy
- 46 Eye Movement Desensitisation Reprocessing
- 47 Mindfulness
- 48 Other High Intensity (not specified above)
- 49 Employment Support (High Intensity)
- 50 Cognitive Behaviour Therapy (CBT)
- 51 Interpersonal Psychotherapy (IPT)

How were the PHQ-9, GAD-7 and WSAS used with the client? (this is NOT an IAPT field)

- 1 Using BSL recorded versions of the GAD-7, PHQ-9, WSAS that have been reliability tested
- 2 Using other BSL recorded versions of the GAD-7, PHQ-9 or WSAS (not reliability tested)
- 3 Using a BSL/English interpreter to translate the GAD-7, PHQ-9 or WSAS 'live'
- 4 Reading the GAD-7, PHQ-9 or WSAS aloud, with the patient lip-reading
- 5 Asking the patient to complete written English versions of the GAD-7, PHQ-9 or WSAS themselves, online
- 6 Asking the patient to complete written English versions of the GAD-7, PHQ-9 or WSAS themselves, on paper
- 7 Other (please explain)
- 8 Don't know

Employment Status Codes

- 1 Employed
- 2 Unemployed and Seeking Work

- 3 Students who are undertaking full (at least 16 hours per week) or part-time (less than 16 hours per week) education or training and who are not working or actively seeking work
- 4 Long-term sick or disabled, those who are receiving Incapacity Benefit, Income Support or both; or Employment and Support Allowance
- 5 Homemaker looking after the family or home and who are not working or actively seeking work
- 6 Not receiving benefits and who are not working or actively seeking work
- 7 Unpaid voluntary work who are not working or actively seeking work
- 8 Retired
- ZZ Not Stated (Person asked but declined to provide a response)

Statutory Sick Pay

- Y Yes
- N No
- U Unknown (Person asked and does not know or is not sure)
- Z Not stated (Person asked but declined to provide a response)

Prescribed psychotropic medication

- 01 Prescribed but not taking
- 02 Prescribed and taking
- 03 Not Prescribed
- UU Unknown (Person asked and does not know or is not sure)
- ZZ Not stated (Person asked but declined to provide a response)