

NLM Citation: LiverTox: Clinical and Research Information on Drug-Induced Liver Injury [Internet]. Bethesda (MD): National Institute of Diabetes and Digestive and Kidney Diseases; 2012-. Telaprevir. [Updated 2016 Mar 10].

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TelaprevirUpdated: March 10, 2016.

OVERVIEW

Introduction

Telaprevir is an oral, direct acting hepatitis C virus (HCV) protease inhibitor that is used in combination with other antiviral agents in the treatment of chronic hepatitis C, genotype 1. Telaprevir has not been linked to instances of acute liver injury during therapy, but has been linked to cases of severe cutaneous reactions such as DRESS and Stevens Johnson syndrome which can be associated with mild hepatic injury. In addition, when combined with peginterferon and ribavirin, telaprevir has been associated with cases of hepatic decompensation in patients with preexisting cirrhosis.

Background

The hepatitis C virus is a small RNA virus that is a major cause of chronic hepatitis, cirrhosis and hepatocellular carcinoma in the United States as well as worldwide. Various approaches to antiviral therapy of chronic hepatitis C have been developed, starting in the 1980s with interferon alfa which was replaced in the 1990s by long acting forms of interferon (peginterferon), to which was added the oral nucleoside analogue, ribavirin. Between 2010 and 2015, several potent oral, direct acting anti-HCV agents were developed and combinations of these found to have marked activity against the virus, allowing for highly effective therapy without use of interferon with treatment courses of 12 to 24 weeks only. These direct acting agents included HCV protease (NS3/4) inhibitors, structural replication complex (NS5A) inhibitors and the HCV RNA polymerase (NS5B) inhibitors. The HCV protease inhibitors block the activity of the viral encoded protease that is essential in the posttranslational modification of the viral polypeptide, cleaving it into a series of structural and nonstructural (NS: enzyme) regions. The HCV proteases that have been developed are polypeptide-like molecules, modified amino acids that that resemble the specific amino acid sequence that the protease cleaves and act as competitive inhibitors of the protease enzyme. At least four HCV protease inhibitors (all having the suffix: -previrs) have been approved for use in the United States: boceprevir [2012], telaprevir [2012], simeprevir [2013] and paritaprevir [2014].

Telaprevir (tel a' pre vir) was one of the first HCV specific protease inhibitors developed as therapy of chronic hepatitis C. Like other HCV protease inhibitors, telaprevir blocks the activity of the viral encoded protease (HCV nonstructural [NS] region 3/4) that is essential in the posttranslational modification of the viral polypeptide that is cleaved into a series of structural and nonstructural (enzyme) regions. When used by itself, telaprevir results in rapid inhibition of HCV RNA levels, but resistance develops rapidly in a high proportion of patients. When combined with peginterferon and ribavirin, it was shown to provide a sustained inhibition of HCV RNA with a low rate of antiviral resistance. Triple therapy with telaprevir, peginterferon and ribavirin, when given for 44 to 48 weeks, increased the sustained virological response (SVR) rate from 40% to 50% (peginterferon and ribavirin alone) to 70% to 85% in patients with genotype 1. Telaprevir was approved for use

in the United States in 2011 for patients with chronic hepatitis C, genotype 1, to be used in combination with peginterferon and ribavirin. Since that time, telaprevir has been replaced by more potent and better tolerated oral antiviral agents that can be given in combination without peginterferon. For these reasons, telaprevir was withdrawn by the sponsor in 2015. Telaprevir was previously available under the brand name Incivek (formerly VX950) as tablets of 375 mg. The recommended dose was 750 mg three times daily for the first 12 of the 24 or 48 weeks of combination therapy. The side effects of telaprevir were difficult to separate from those of peginterferon and ribavirin, but the triple therapy was associated with a higher rate of many side effects, including anemia, fatigue, itching, rash, anal pruritus and burning and gastrointestinal upset. Rash was particularly common with telaprevir therapy occurring in at least half of patients and occasionally being associated with DRESS or Stevens Johnson syndrome.

Hepatotoxicity

In large randomized controlled trials, triple therapy with telaprevir, peginterferon and ribavirin was associated with a high rate of adverse events that often required dose adjustments and led to early discontinuation in 5% to 20% of patients. However, serum ALT elevations and clinically apparent liver injury were not generally mentioned as adverse events of therapy. Telaprevir, however, was associated with a high rate of rash, which was sometimes associated with features of hypersensitivity, including rare instances of DRESS and Stevens Johnson syndrome. These severe cutaneous reactions are often accompanied by laboratory evidence of hepatic injury (ALT and alkaline phosphatase elevations). In reported cases, however, the rash and other features of hypersensitivity have overshadowed the hepatic injury and none were reported to be associated with jaundice.

Another exception to the absence of hepatic complications of telaprevir therapy occurred in patients with advanced fibrosis or cirrhosis, among whom de novo, seemingly spontaneous hepatic decompensation occurred in a proportion of subjects. Decompensation was particularly common among patients with advanced fibrosis or cirrhosis and those with a previous history of decompensation. The cause of the decompensation was not clear and the separate role of telaprevir in contrast to peginterferon and ribavirin could not be defined. Nevertheless, in postmarketing studies of triple therapy of chronic hepatitis C with cirrhosis, decompensation was reported in 2% to 8% of patients, and deaths from hepatic failure in 1% to 3%.

Likelihood score: E* (unproven but suspected cause of liver injury).

Mechanism of Injury

The mechanism by which telaprevir might cause liver injury is not known. It is metabolized in the liver largely via the cytochrome P450 system, predominantly CYP 3A4, and liver injury may be due to production of a toxic or immunogenic metabolite. It is also a substrate of P-glycoprotein (P-gp). Telaprevir is also susceptible to multiple drug-drug interactions and can cause increases in serum concentrations of drugs that depend upon CYP 3A4 metabolism or P-gp. The other adverse effects of telaprevir, particularly when combined with peginterferon and ribavirin, may predispose to events that might lead to hepatic decompensation in a susceptible patient. Triple therapy using telaprevir (as well as with boceprevir and simeprevir) can cause anemia, neutropenia, thrombocytopenia, severe infections, gastrointestinal upset, dehydration and rash, all of which might help precipitate hepatic decompensation in a patient with underlying cirrhosis or advanced fibrosis.

Outcome and Management

Rash is common with telaprevir therapy and several cutaneous reactions can be accompanied by evidence of hepatic injury. There is no reason to suspect cross sensitivity to the cutaneous hypersensitivity between telaprevir and other oral antivirals active against hepatitis C. Triple therapy using telaprevir or other protease inhibitors combined with peginterferon and ribavirin should be considered inadvisable in patients with preexisting cirrhosis, particularly those with a prior history of hepatic decompensation. On the other hand, hepatic

decompensation has been reported even with all-oral antiviral therapy of hepatitis C, although the rates reported with non-interferon and non-ribavirin containing regimens were quite low (<1%).

Drug Class: Antiviral Agents, Hepatitis C Agents, HCV Protease Inhibitors

PRODUCT INFORMATION

REPRESENTATIVE TRADE NAMES

Telaprevir – Incivek®

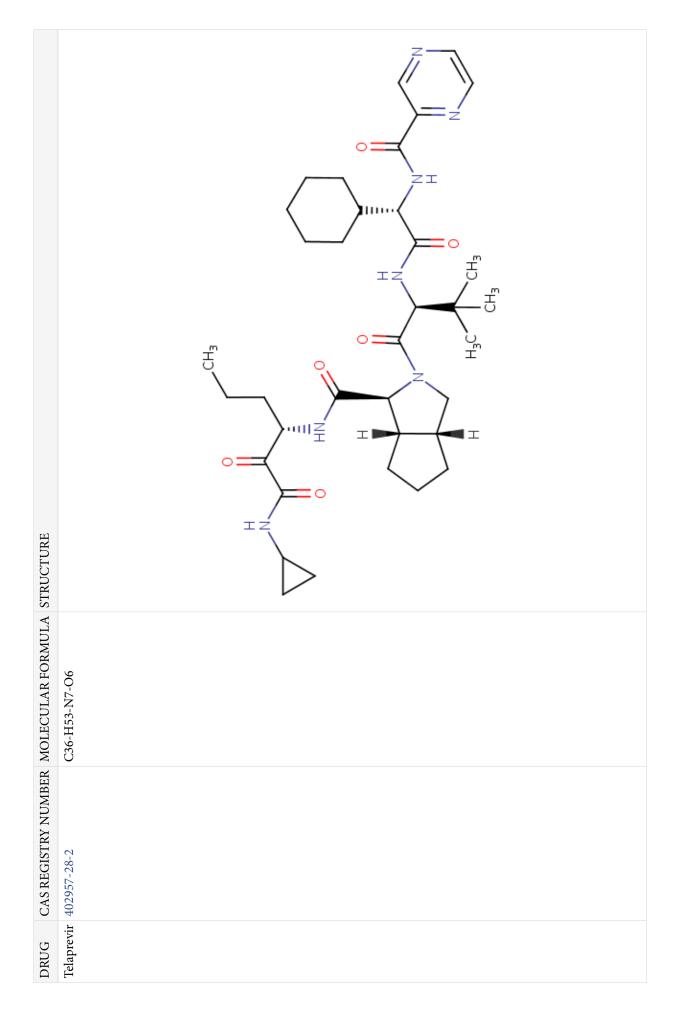
DRUG CLASS

Hepatitis C Agents

COMPLETE LABELING

Product labeling at DailyMed, National Library of Medicine, NIH

CHEMICAL FORMULA AND STRUCTURE



ANNOTATED BIBLIOGRAPHY

References updated: 10 March 2016

[Abbreviation used: SVR, sustained virological response.]

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- (Among 12 patients treated with telaprevir, peginterferon and ribavirin for 4 weeks, all became HCV RNA negative by 28 days, and all 8 patients who continued peginterferon and ribavirin thereafter for up to 48 weeks had an SVR; during telaprevir therapy, 4 patients developed rash; no mention of de novo ALT elevations).
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- (Among 334 patients with previously untreated chronic hepatitis C, genotype 1, who received various regimens of peginterferon, ribavirin and telaprevir, SVR rates were higher with telaprevir, but were also increased by ribavirin; common adverse events included rash and pruritus; no mention of hepatic complications or de novo ALT elevations).
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- (Among 240 patients with chronic hepatitis C, genotype 1, who received various regimens of peginterferon, ribavirin and telaprevir, SVR rates were higher with telaprevir and adverse events of rash, pruritus, nausea and diarrhea were more common in groups receiving telaprevir, severe rash occurring in 5-9% of patients; no mention of ALT elevations or hepatic adverse events).
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- (Among 453 patients with previously treated chronic hepatitis C, genotype 1, treated with one of 4 regimens of peginterferon, ribavirin and telaprevir, SVR rates were higher with telaprevir [24-51% vs 14%] as were serious adverse events [17-24% vs 11%], rash occurring in at least half of patients on telaprevir, usually within 1-4 weeks of starting requiring discontinuation in 5%; no mention of ALT elevations or liver related adverse events).
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(57 year old woman with chronic hepatitis C developed rash, fever, fatigue and lymphadenopathy 6 weeks after starting telaprevir with peginterferon and ribavirin [ALT 61 U/L, eosinophils 2,700/μL, HCV RNA negative, bilirubin and Alk P not given], resolving with prednisone therapy, but with subsequent HCV relapse; had previously received peginterferon and ribavirin without rash).

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- (Among 663 patients with previously treated chronic hepatitis C, genotype 1, who were treated with various regimens of telaprevir [12 weeks] with or without 48 weeks of peginterferon and ribavirin, SVR rates were higher with telaprevir [64-66% vs 17%] as were side effects of fatigue, gastrointestinal upset, pruritus, rash, anemia and neutropenia; no mention of liver related adverse events).
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- (Among 1088 patients with previously untreated chronic hepatitis C, genotype 1, who were treated with peginterferon and ribavirin with vs without 12 weeks of telaprevir, SVR rates were higher with telaprevir [69-75% vs 44%], but serious adverse events rates were similar [9% vs 7%]; one case of Stevens Johnson syndrome and one liver disease death occurred in telaprevir groups, but few details were provided).
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- (Among 141 previously treated Japanese patients with chronic hepatitis C, genotype 1, treated with telaprevir [12 weeks] with ribavirin and peginterferon [24 weeks], the overall SVR rate was 76% and serious adverse event rate 11%, most troublesome being anemia and rash; no mention of ALT elevations or hepatotoxicity).
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- (Among 62 patients with chronic hepatitis C, genotype 1, and HIV coinfection treated with telaprevir or placebo [12 weeks] and peginterferon and ribavirin [48 weeks], SVR rates were higher with telaprevir [74% vs 45%] as were serious adverse events [5% vs 0 in first 12 weeks]; no mention of ALT elevations or hepatic adverse events).
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- (Among 2084 patients with chronic hepatitis C, genotype 1, treated in clinical practice with peginterferon, ribavirin and either boceprevir or telaprevir for up to 48 weeks, the overall SVR rate was 52%, serious adverse event rate 12% while hepatic decompensation occurred in 3% and 5 patients [0.25%] died, all from hepatic failure; rash was a common side effect [63% with telaprevir and 34% with boceprevir] and was graded as serious in 8 patients [0.5%], 2 [0.1%] with DRESS).

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(Among 106 Japanese patients with chronic hepatitis C, genotype 1b, treated with peginterferon, ribavirin and telaprevir for 24 weeks, 93 [88%] had a SVR, but adverse events were frequent including rash [28%], anemia [76%] and 31% discontinued telaprevir early; no mention of ALT elevations or hepatotoxicity).

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