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Simeprevir

Updated: January 18, 2018.

OVERVIEW

Introduction

Simeprevir is an oral, direct acting hepatitis C virus (HCV) protease inhibitor that is used in combination with other antiviral agents in the treatment of chronic hepatitis C, genotypes 1 and 4. Simeprevir has been linked to isolated, rare instances of mild, acute liver injury during treatment and to occasional cases of hepatic decompensation in patients with preexisting cirrhosis.

Background

The hepatitis C virus is a small RNA virus that is a major cause of chronic hepatitis, cirrhosis and hepatocellular carcinoma in the United States as well as worldwide. Various approaches to antiviral therapy of chronic hepatitis C have been developed, starting in the 1980s with interferon alfa which was replaced in the 1990s by long acting forms of interferon (peginterferon), to which was added the oral nucleoside analogue, ribavirin. Between 2010 and 2015, several potent oral, direct acting anti-HCV agents were developed and combinations of these found to have marked activity against the virus, allowing for highly effective therapy without use of interferon with treatment courses of 12 to 24 weeks only. These direct acting agents included HCV protease (NS3/4) inhibitors, structural replication complex (NS5A) inhibitors and the HCV RNA polymerase (NS5B) inhibitors. The HCV protease inhibitors block the activity of the viral encoded protease that is essential in the posttranslational modification of the viral polypeptide, cleaving it into a series of structural and nonstructural (NS: enzyme) regions. The HCV proteases that have been developed are polypeptide-like molecules, modified amino acids that that resemble the specific amino acid sequence that the protease cleaves and act as competitive inhibitors of the protease enzyme. At least four HCV protease inhibitors (all having the suffix: previrs) have been approved for use in the United States: boceprevir [2012], telaprevir [2012], simeprevir [2013] and paritaprevir [2014].

Simeprevir (sim e' pre vir) was the third HCV protease inhibitor to become clinically available for therapy of hepatitis C. Like other HCV protease inhibitors, simeprevir blocks the activity of the viral encoded protease (HCV nonstructural [NS] region 3/4) that is essential in the posttranslational modification of the viral polypeptide that is cleaved into a series of structural and nonstructural (enzyme) regions. When used by itself, it results in rapid inhibition of HCV RNA levels, but resistance develops rapidly in a high proportion of patients. When combined with peginterferon and ribavirin, it was shown to provide a sustained inhibition of HCV RNA with a low rate of antiviral resistance. When given for 24 to 48 weeks, triple therapy using simeprevir increased the sustained virological response (SVR) rate from 40% to 50% (peginterferon and ribavirin alone) to 65% to 75% in patients with genotype 1. Even higher rates of response were found when simeprevir was combined with the HCV polymerase inhibitor sofosbuvir in an all-oral, interferon free regimen for 12 weeks. Simeprevir was approved for use in the United States in 2013 for patients with chronic hepatitis C, genotypes 1 and 4, in

combination with peginterferon and ribavirin or as an all-oral regimen with sofosbuvir. Simeprevir is available in 150 mg capsules under the brand name Olysio (formerly TMC435), and the recommended dose is 150 mg once daily for 12 weeks. Common side effects include rash, photosensitivity, pruritus, nausea, headache, muscle aches and abdominal discomfort.

Hepatotoxicity

In large randomized controlled trials, simeprevir was not linked to an increased rate of serum enzyme elevations during treatment or with instances of clinically apparent liver injury. Simeprevir causes a mild increase in serum indirect bilirubin and some patients became visibly jaundiced, but the bilirubin elevations were generally mild, transient and not associated with changes in serum aminotransferase or alkaline phosphatase levels. After its approval and more wide scale use, however, simeprevir has been implicated in at least one case of an acute hepatitis (Case 1). The latency to onset was 7 weeks and pattern of injury was hepatocellular without immunoallergic or autoimmune features. Recovery was rapid and complete once therapy was stopped.

In addition, simeprevir, in combination with other agents, has been linked to instances of acute, seemingly spontaneous decompensation of HCV related cirrhosis. The role of simeprevir as opposed to the other HCV antivirals used in combination was often unclear. Rates of hepatic decompensation during simeprevir combination therapy of cirrhosis due to hepatitis C was approximately 2% to 3% when combined with peginterferon and ribavirin, and 0.5% to 1.0% when used with sofosbuvir. Because of the risk of decompensation, patients with cirrhosis who are treated with antiviral regimens (both all-oral and interferon based) should be monitored for evidence of worsening liver disease, particularly during the first 4 weeks of treatment. This complication is probably more common in patients with more advanced liver disease, Child's Class B cirrhosis and those with a previous history of liver decompensation.

Likelihood score: D (possible rare cause of clinically apparent liver injury in susceptible individuals).

Mechanism of Injury

The mechanism by which simeprevir might cause liver injury is not known. It is metabolized in the liver largely via the cytochrome P450 system, predominantly CYP 3A and it is an inhibitor of the drug transporters P-glycoprotein and OATP1Ba/3 and the efflux transporters MDR1, MRP2 and BSEP, perhaps accounting for the indirect hyperbilirubinemia that occurs in some patients. Simeprevir is associated with drug-drug interactions and it can raise levels of some statins. The decompensation that occurs with simeprevir combination therapy may be due to a direct effect of the agent, or else represent a usual complication of the rapid eradication of HCV infection. Finally, the episodes of decompensation may be incidental and unrelated to the antiviral therapy.

Outcome and Management

Combination antiviral regimens with peginterferon and ribavirin are now rarely used, largely because of the superior efficacy and better tolerance of all-oral regimens for hepatitis C. The oral regimen of sofosbuvir and simeprevir, while highly effective, is more expensive than other equally effective oral regimens. Because of the risk of hepatic decompensation in patients with preexisting cirrhosis, particularly those with a prior history of hepatic decompensation, regular monitoring is recommended for patients with hepatitis C related cirrhosis undergoing antiviral therapy, particularly during the first 4 weeks. Therapy should be suspended if signs or symptoms of hepatic failure arise such as marked rises in serum bilirubin (both direct and indirect) and any worsening of ascites, hepatic encephalopathy or prolongation of the prothrombin time. There is no evidence for cross sensitivity to liver injury among the various oral antiviral agents used to treat hepatitis C.

Drug Class: Antiviral Agents, Hepatitis C Agents, HCV Protease Inhibitors

CASE REPORTS

Case 1. Acute hepatitis during therapy of chronic hepatitis C with simeprevir, peginterferon and ribavirin.

[Modified from: Igawa T, Fushimi S, Matsuo R, Ikeda F, Nouso K, Yoshino T, Nakatsukasa H. Severe liver injury associated with simeprevir plus pegylated interferon/ribavirin therapy in a patient with treatment-naïve genotype 1b hepatitis C virus: a case report. Clin J Gastroenterol 2014; 7: 465-70. PubMed Citation]

A 65 year old Japanese man with chronic hepatitis C, genotype 1b, developed fatigue and abdominal bloating and was found to have worsening of serum aminotransferase levels 49 days after starting triple antiviral therapy with simeprevir [100 mg orally, once daily], peginterferon [100 µg subcutaneously, each week] and ribavirin [400 mg orally, twice daily]. Serum ALT which had fallen on antiviral therapy rose to 768 U/L with a serum bilirubin of 3.3 mg/dL, alkaline phosphatase 171 U/L, INR 1.2 and albumin 3.8 g/dL (Table). He had no previous history of liver disease other than hepatitis C which was attributed to a blood transfusion 45 years previously and for which he had not been previously treated. He also had a history of heavy alcohol use, but had stopped five years previously. His other medical conditions included diabetes for which he was taking voglibose (an alpha glucosidase inhibitor) and glimepiride (a sulfonylurea), and hyperuricemia for which he was taking allopurinol. All of his medications he had taken for more than a year and he denied use of other over-the-counter medications or nutritional or herbal supplements. Physical examination showed no evidence of fever or rash, and an eosinophil count was normal (1.2%). Tests for hepatitis A, B, C and E were negative as were tests for acute EBV and CMV infection. Both ANA and SMA were negative and serum globulins were not elevated. Imaging of the liver by ultrasound showed no evidence of biliary obstruction or masses. A liver biopsy showed evidence of acute hepatocellular injury superimposed upon on chronic hepatitis, but did not suggest autoimmune hepatitis. Antiviral therapy was suspended, and he improved rapidly. One month later, his symptoms had resolved and all liver tests, including ALT levels, were normal. He remained HCV RNA negative and was ultimately considered to have a sustained virologic response despite the early discontinuation of therapy.

Key Points

Medication:	Simeprevir, peginterferon and ribavirin
Pattern:	Hepatocellular (R ratio=18)
Severity:	Moderate (jaundice and hospitalization)
Latency:	7 weeks
Recovery:	1 month
Other medications:	Ursodiol, voglibose, glimepiride and allopurinol chronically

Laboratory Values

Time After Starting	Time After Stopping	ALT (U/L)	Alk P (U/L)	Bilirubin (mg/dL)	HCV RNA (IU/mL)	Other
Day 0	0	301	185	1.6	1.3 million	Therapy started
Week 4	0	23		1.7	None	Routine monitoring
Week 7	0	768	171	3.3	None	Admission
Week 12	5 weeks	20	166	1.1	None	Asymptomatic
Normal Values		<40	<360	<1.2	None	

Comment

A man with known chronic hepatitis C for many years developed an asymptomatic worsening of disease with ALT rising to 301 U/L, for which reason he was started on combination therapy of simeprevir with peginterferon and ribavirin, a regimen that was available and approved for use in Japan. He did well for the first six weeks of treatment and was HCV RNA negative when tested at 4 weeks. After 7 weeks, however, he developed nonspecific symptoms of fatigue and was found to have marked elevations in ALT and mild jaundice. Thorough evaluation found no evidence of other forms of liver disease and he was, indeed, still negative for HCV RNA. He improved rapidly once antiviral therapy was stopped and all liver tests had returned to normal one month later. Fortunately, his HCV infection did not relapse and he appeared to have achieved an SVR with other 7 weeks of treatment. This was a very convincing case of liver injury due to the antiviral therapy. Because he was receiving three agents, one cannot say for sure which one was responsible, but attributing it to simeprevir appears appropriate.

Case 2. Acute hepatic decompensation in a patient with chronic hepatitis C and cirrhosis during therapy with simeprevir and sofosbuvir.

[Modified from Case 1 in: Stine JG, Intagliata N, Shah NL, Argo CK, Caldwell SH, Lewis JH, Northup PG. Hepatic decompensation likely attributable to simeprevir in patients with advanced cirrhosis. Dig Dis Sci 2015; 60: 1031-5. PubMed Citation]

A 56 year old man with chronic hepatitis C, genotype 1a, and Child's Class B cirrhosis developed worsening fatigue, anorexia and jaundice 4 weeks after starting oral therapy with simeprevir and sofosbuvir. He had a history of excessive alcohol use, but had stopped drinking years before. He had been treated with peginterferon and ribavirin for hepatitis C on two occasions in the past, without a significant response and had undergone transjugular intrahepatic portosystemic stent shunting (TIPSS) two years previously because of refractory ascites and esophageal varices. He was evaluated for liver transplantation, having a MELD score of 17 with serum bilirubin 5.3 mg/dL, ALT 29 U/L, INR not given. He received approval for pretransplant, compassionate use therapy with the all oral antiviral regimen of sofosbuvir and simeprevir (doses not provided). He had a rapid virological response becoming HCV RNA negative by week 4. However, the total serum bilirubin level rose concurrently to 6.6 by week 2 and 28.0 mg/dL by week 4, at which point the antiviral drugs were stopped (Table). His MELD score subsequently rose to 36, the INR to 4.4 and he underwent successful emergency liver transplantation 4 weeks after stopping therapy. In follow up, he remained HCV RNA negative, suggesting a SVR despite therapy for only 4 weeks.

Key Points

Medication:	Simeprevir and sofosbuvir
Pattern:	Unknown (alkaline phosphatase not given)
Severity:	Fatal (liver transplantation)
Latency:	4 weeks
Recovery:	None
Other medications:	None mentioned

Laboratory Values

Time After Starting	Time After Stopping	ALT (U/L)	AST (U/L)	Bilirubin (mg/dL)	HCV RNA (IU/mL)	Other
Day 0	0	29	52	5.3	Present	Therapy started
2 Weeks	0			6.6		

Table continued from previous page.

Time After Starting	Time After Stopping	ALT (U/L)	AST (U/L)	Bilirubin (mg/dL)	HCV RNA (IU/mL)	Other
4 Weeks	0	90	229	28.0	None	
8 Weeks	4 weeks	Normal	Normal	14.2	None	Liver transplantation
Normal Values		Not Provid	ed	<1.2	None	

Comment

A man with chronic hepatitis C and cirrhosis and a past history of alcoholism presented for a liver transplant evaluation and was found to have advanced liver disease with moderate decompensation (Child's Class B). He had HCV genotype 1a infection and a history of "null" responses to courses of peginterferon and ribavirin. He was started on an oral regimen of simeprevir and sofosbuvir, which in clinical trials had been shown to yield sustained virological response rates of 73% in patients with Child's B cirrhosis. Indeed, he rapidly became HCV RNA negative, but had worsening symptoms and jaundice with rises in serum ALT and INR, prompting emergent liver transplantation. Fortunately, the antiviral therapy was successful in eradicating HCV infection and he remained HCV RNA negative thereafter. While somewhat short on details, this case report was reasonably convincing as demonstrating liver injury due to antiviral therapy. The authors attributed the injury to simeprevir, but sofosbuvir was given concurrently making it difficult to attribute the episode to one versus the other agent. Another possibility was that the sudden decompensation was triggered by the rapid clearance of HCV infection, as occurs in some cases of chronic hepatitis B during initiation of antiviral therapy. Finally, the decompensation may have been coincidental and not related to the drugs or antiviral response at all. Several such instances of "spontaneous" hepatic decompensation arising during potent antiviral therapy have been described which argues for careful monitoring of patients with cirrhosis, particularly during the first few weeks of therapy. This case also shows that antiviral therapy of patients with advanced cirrhosis is best left to centers with expertise in managing end stage liver disease and where liver transplantation is available.

PRODUCT INFORMATION

REPRESENTATIVE TRADE NAMES

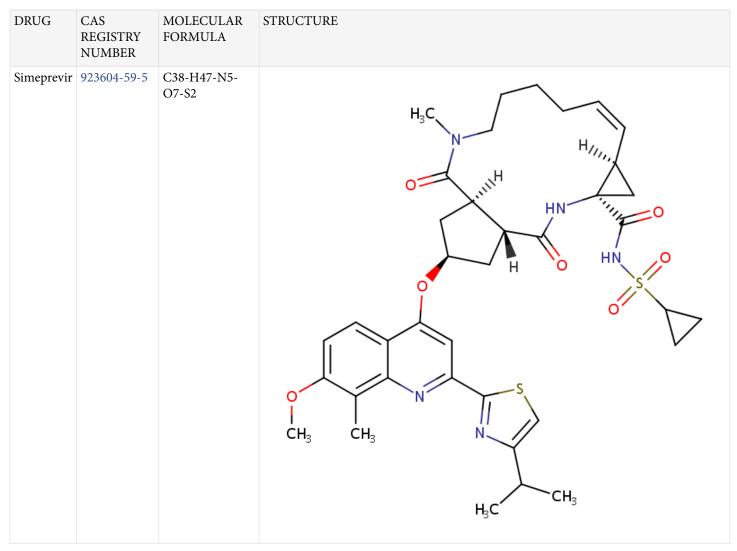
Simeprevir - Olysio®

DRUG CLASS

Hepatitis C Agents

COMPLETE LABELING

Product labeling at DailyMed, National Library of Medicine, NIH



CHEMICAL FORMULA AND STRUCTURE

ANNOTATED BIBLIOGRAPHY

References updated: 18 January 2018

[Abbreviation used: HCV, hepatitis C virus; HBV, hepatitis B virus; SVR, sustained virological response; DDA, direct acting antiviral agent]

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- (Among 393 patients with previously treated chronic hepatitis C, genotype 1, who were treated with simeprevir vs placebo [12 weeks] combined with peginterferon and ribavirin [24 or 48 weeks], SVR rates were higher with simeprevir [79% vs 36%] and, except for hyperbilirubinemia and photosensitivity [3.5% vs 0], adverse event rates were similar).

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- (Among 324 patients with previously untreated chronic hepatitis C, genotype 1, treated with simeprevir vs placebo [12 weeks] combined with peginterferon and ribavirin [24 or 48 weeks], SVR rates were 81% with simeprevir vs 50% with placebo, while adverse event rates were similar except that simeprevir treated patients had higher rate of rash [24% vs 11%] and photosensitivity [4% vs <1%]).
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- (Among 106 patients with chronic hepatitis C, genotype 1, and HIV coinfection treated with simeprevir [12 weeks] combined with peginterferon and ribavirin [24 or 48 weeks], the overall SVR rate was 74%, rash occurred in 16%, photosensitivity 2%, moderate bilirubin elevations 2%, but no patient had significant ALT elevations or clinically apparent liver injury).
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- (2 cases: 55 year old man with chronic hepatitis C, genotype 1, and HBsAg with low levels of HBV DNA [2300 IU/mL] developed jaundice 8 weeks after starting sofosbuvir and simeprevir [bilirubin 12.2 mg/dL, ALT 1495 U/L, INR 1.96, HBV DNA 22 million IU/mL], with resolution within 6 weeks of stopping HCV agents and starting tenofovir and emtricitabine [Case 2]; 57 year old man with chronic hepatitis C, genotype 1a, and anti-HBc without HBsAg developed rising levels of HBV DNA during therapy with sofosbuvir and simeprevir [Pre <20, 2 weeks 353 and 4 weeks 11,255 IU/mL], which fell to undetectable levels within 8 weeks of starting tenofovir with emtricitabine [Truvada], ALT values remaining normal during the episode).
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- (Among 42 patients with chronic hepatitis C, genotype 1, with decompensated cirrhosis treated with simeprevir and sofosbuvir with vs without ribavirin for 12 weeks, the overall SVR rate was 74% and no patient developed worsening hepatic decompensation or required hospitalization).
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- (Among 170 patients with chronic hepatitis C, genotype 1, treated with sofosbuvir and simeprevir with or without ribavirin for 12 weeks in routine clinical practice, 133 [78%] had an SVR; adverse events were not discussed).
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- (Among 151 patients with recurrent hepatitis C after liver transplantation treated with sofosbuvir and simeprevir with or without ribavirin for 12 or 24 weeks, 133 [88%] had an SVR, and 8 [5%] developed hepatic decompensation and 3 paitients died, all of whom had cirrhosis).
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- (Among 42 patients with chronic hepatitis C, genotype 1, and decompensated cirrhosis treated with sofosbuvir, simeprvir and [n=35] ribavirin for 12 weeks, 31 [74%] had an SVR, and none developed decompensation requiring hospitalization).
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- (74 year old man and 36 year old woman with HCV related cirrhosis developed worsening hepatic decompensation within a few weeks of starting sofosbuvir, an NS5A inhibitor and ribavirin [peak bilirubin 23.4 and 30.5 mg/dL, ALT 65 and 96 U/L, Alk P 202 and 398 U/L], resulting in death in one and emergency liver transplant in the other [Case 1]).
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