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### Oxaprozin

Updated: March 20, 2020.

# **OVERVIEW**

# Introduction

Oxaprozin is a long acting nonsteroidal antiinflammatory drug (NSAID) available by prescription only which is used for therapy of chronic arthritis. Oxaprozin has been linked to rare instances of idiosyncratic drug induced liver disease.

## Background

Oxaprozin (ox" a proe' zin) belongs to the propionic acid derivative class of NSAIDs similar to naproxen and ibuprofen. Like other NSAIDs, oxaprozin is a potent cyclo-oxygenase (Cox-1 and -2) inhibitor which leads to decrease in synthesis of proinflammatory prostaglandins, which are potent mediators of pain and inflammatory pathways. Oxaprozin has analgesic as well as antipyretic and antiinflammatory activities. Because of its long half-life, oxaprozin can be given once daily. Oxaprozin was approved in the United States in 1992 and is still widely used. Oxaprozin is indicated for the treatment of chronic arthritis due to osteoarthritis, rheumatoid arthritis and juvenile rheumatoid arthritis. Oxaprozin is available in capsules of 600 mg in several generic forms and under the brand name Daypro. The recommended dose in adults is 600 to 1200 mg once daily. As with other NSAIDs, oxaprozin is generally well tolerated, but side effects can include headache, dizziness, somnolence, dyspepsia, nausea, abdominal discomfort, heartburn, peripheral edema and hypersensitivity reactions. Rare but serious adverse events from NSAIDs include gastrointestinal ulceration and bleeding, increased risk for cardiovascular disease, renal dysfunction, exacerbation of asthma and hypersensitivity reactions including anaphylaxis, exfoliative dermatitis and Stevens Johnson syndrome.

## Hepatotoxicity

Prospective studies show that up to 15% of patients taking oxaprozin chronically experience at least transient serum aminotransferase elevations. These usually resolve even with drug continuation. Marked aminotransferase elevations (>3 fold elevated) occur in approximately 1% of patients.

Clinically apparent liver injury with jaundice from oxaprozin is rare (~1 per 100,000 person-years of use) and it is rarely listed in large surveys of cases of drug induced liver injury. The usual clinical presentation is an acute hepatitis-like picture arising 2 to 8 weeks after starting the medication. The pattern of injury is typically hepatocellular, but mixed hepatocellular-cholestatic cases have been described. Symptoms may include allergic manifestations such as fever, rash, arthralgias and facial edema. Autoantibody formation is rare. Liver biopsy findings are hepatocellular necrosis with prominent periportal and lobular eosinophilic infiltration suggestive of drug induced acute hepatitis. Recovery may be delayed for several days, but is usually complete within one to two months. At least one case of acute liver failure attributed to oxaprozin has been published.

Likelihood score: C (probable rare cause of clinically apparent liver injury).

### **Mechanism of Injury**

The mechanism of oxaprozin hepatotoxicity is not known, but the allergic phenomena that accompany clinically apparent injury suggests an immunoallergic cause. Rechallenge leads to rapid recurrence and should be avoided.

### **Outcome and Management**

Severity ranges from asymptomatic elevations in serum aminotransferase levels, to symptomatic hepatitis with or without jaundice (Case 1), to acute liver failure. Rapid improvement in symptoms and complete recovery are expected after discontinuing the medication. Complete recovery may take several months. Cross sensitivity to liver injury among the various NSAIDs has not been well studied or described, but in several case reports patients with oxaprozin associated hepatotoxicity had previously tolerated therapy with other propionic acid derivative NSAIDs (such as ibuprofen, naproxen or ketoprofen). Nevertheless, patients with oxaprozin induced clinically apparent liver injury should be carefully monitored during the first few weeks of starting a different NSAID.

Drug Class: Nonsteroidal Antiinflammatory Drugs

# **CASE REPORT**

### Case 1. Acute immunoallergic hepatitis due to oxaprozin.(1)

A 45 year old woman was given oxaprozin (1200 mg once daily) for painful "tennis elbow" (epicondylitis). She had a past medical history of asthma and an allergic reaction to sulfonamides. After 3 weeks of taking oxaprozin, she developed dark urine, anorexia, high fevers and right upper quadrant pain. All of her medications were stopped, but in the next few days she developed worsening symptoms, itching and a maculopapular rash. Physical examination revealed tenderness over the liver and spleen. Tests for viral hepatitis and autoimmune markers were negative. An abdominal ultrasound showed enlargement of the liver and spleen and gallstones, but no dilatation of bile ducts. CT scan was normal. A liver biopsy showed severe lobular hepatitis with mixed inflammatory response and numerous eosinophils. One month after stopping oxaprozin, her symptoms had resolved and ALT and alkaline phosphatase levels had improved. Two months after stopping, all liver tests were normal.

### **Key Points**

Medication:	Oxaprozin (1200 mg daily for 14 days)
Pattern:	Hepatocellular (R=7.5)
Severity:	1+ (bilirubin less than 2.5 mg%)
Latency:	3 weeks
Recovery:	Rapid and complete
Other medications:	Albuterol, fluticasone, ethinyl estradiol/levonorgestrel

### **Laboratory Values**

Time After Starting	Time After Stopping	ALT (U/L)	Alk P (U/L)	Bilirubin (mg/dL)	Other
Pre		20			
0		Oxaprozin started [1200 mg daily]			

Time After Starting	Time After Stopping	ALT (U/L)	Alk P (U/L)	Bilirubin (mg/dL)	Other
22 days		76	30	0.5	Dark urine, RUQ pain
24 days	0	242	107	0.8	Oxaprozin stopped
28 days	4 days	551	254	1.9	
31 days	8 days	476	287	1.8	Rash and pruritis
35 days	12 days				Liver biopsy
41 days	18 days	775	274	1.4	
2 months	1 month	234	147	1.1	
3 months	2 months	35	95	0.7	
7 months	6 months	18	88		
Normal Values		<42	<115	<1.2	

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#### Comment

The sudden onset of mild, but symptomatic liver disease with rash and fever within a month of starting oxaprozin suggests an allergic hepatitis-like syndrome and not merely a benign elevation in serum aminotransferase levels. Indeed, serum ALT and bilirubin levels continued to climb and remained high for several weeks after stopping oxaprozin. While the patient reported jaundice and dark urine, serum total bilirubin levels were never recorded to be above 2.5 mg/dL – the level typically used to define jaundice. Liver test abnormalities returned to baseline within 2 months of onset. In view of the allergic components of the hepatotoxicity, rechallenge is best avoided. Interestingly, she had received naproxen (a propionic acid derivative like oxaprozin) in the past without incident, so that rechallenge with another NSAID with careful monitoring might be appropriate, particularly in view of the ubiquity of these agents and the high likelihood that she would receive one in the future.

### **PRODUCT INFORMATION**

**REPRESENTATIVE TRADE NAMES** 

Oxaprozin - Generic, Daypro®

DRUG CLASS

Nonsteroidal Antiinflammatory Drugs

#### COMPLETE LABELING

Product labeling at DailyMed, National Library of Medicine, NIH

## **CHEMICAL FORMULA AND STRUCTURE**

DRUG CAS REGISTRY NUMBER MOLECULAR FORMULA STRUCTURE

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### **CITED REFERENCES**

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### **ANNOTATED BIBLIOGRAPHY**

References updated: 20 March 2020

Abbreviations: NSAIDs, nonsteroidal antiinflammatory drugs.

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#### Oxaprozin

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- (Survey of NSAID adverse drug reaction reports in Spain and France between 1982 and 2001; oxaprozin is not listed among 24 NSAIDs analyzed).
- Chalasani N, Fontana RJ, Bonkovsky HL, Watkins PB, Davern T, Serrano J, Yang H, Rochon J; Drug Induced Liver Injury Network (DILIN). Causes, clinical features, and outcomes from a prospective study of drug-induced liver injury in the United States. Gastroenterology. 2008;135:1924–34. PubMed PMID: 18955056.
- (Among 300 cases of drug induced liver disease in the US collected from 2004 to 2008, NSAIDs were implicated as a sole agent in 8 cases [4 diclofenac, 2 celecoxib, 1 meloxicam and 1 oxaprozin] and as one of several agents in 3 cases [1 diclofenac, 1 celecoxib, 1 ibuprofen]: Case 1).

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- (Analysis of a Spanish and Latin-American registries identified 73 cases of NSAID induced liver injury, the most common agents being nimesulide [38%], diclofenac [34%] and ibuprofen [17%]; other agents not mentioned).
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