Table 7. Study design characteristics of included studies for Key Question 2b

| Author, Year  Quality | Country | N | Inclusion Criteria | Exclusion Criteria | Mean Followup and Range (years) | Interventions |
| --- | --- | --- | --- | --- | --- | --- |
| Handler, 2012106  Good | United States | 22641 | Adults aged ≥ 18 years in NHANES 1999-2008 w/ 3 BP measurements | NR | NR | 1+2+3 Readings |
| 2+3 Readings |
| 1+2 Readings |
| 1 Reading |
| Peters, 1999110  Fair | Canada | 50 | Normotensives | NR | NR | Legs Uncrossed |
| Legs Crossed |
| Pincomb, 1996111  Fair | United States | 48 | Healthy white men aged 20-39 years, caffeine use (50-800 mg/day) w/in 30% of normal weight according to norms, no aerobic functional impairment during exercise | Caffeine intolerance, known CVD or chronic illness other than mild untreated HTN, smoking (>10 cigarettes/day), use of recreational/prescription drugs | NR | No Caffeine |
| Caffeine |

**Abbreviations**: BP = blood pressure; CVD = cardiovascular disease; HTN = hypertension; NHANES = National Health and Nutrition Examination Survey; NR = not reported