Table E-29. Combined parent-child cognitive behavioral therapy, mental health outcomes

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| **First Author, Year** | **Comparison Groups**  | **Measures**  | **Mental Health & Behavior** | **Mental Health & Behavior (Part 2)**  | **Mental Health & Behavior (Part 3)**  | **Mental Health & Behavior (Part 4)**  |
| Runyon, 201025 | G1: Combined Parent-Child CBT (CPC-CBT)G2: Parent-Only CBT | PTSD symptoms;Parent-reported internalizing behavior problems for children; Parent-reported externalizing behavior problems for children | PTSD symptoms (K-SADS-PL)Baseline summary scores across parent and child, mean (SD)G1: 6.44 (1.60)G2: 6.58 (1.90)p=NREndpoint summary scores across parent and child, mean (SD) G1: 2.76 (1.83) G2: 4.15 (2.72) p=NRChange score mean (SD) G1: p<0.001, d=1.69G2: p<0.001, d=1.02Adjusted endpoint mean score (baseline scores as covariates) meanG1: 2.78 G2: 4.13Between group, p<0.05Follow up score mean (SD) NR, but no significant differences from posttest found (i.e., changes at post-intervention maintained through follow-up) | Parent-reported internalizing behavior problems for children (CBCL-I)Baseline score mean (SD) G1: 8.59 (6.83)G2: 9.12 (8.93)p=NREndpoint score mean (SD) G1: 6.47 (5.10)G2: 5.62 (6.68)p=NRChange score mean (SD) G1: p<0.01, d=0.32G2: p<0.01, d=0.41Adjusted endpoint mean score (baseline scores as covariates) meanG1: 6.61G2: 5.43Between group, p=NS (NR)Follow up score mean (SD) NR, but no significant differences from posttest found | Parent-reported externalizing behavior problems for children (CBCL-E)Baseline score mean (SD) G1: 16.62 (10.99)G2: 17.69 (11.55)p=NREndpoint score mean (SD) G1: 13.32 (11.18)G2: 11.12 (10.96)p=NRChange score mean (SD) G1: p=NS, d=0.30G2: p<0.01, d=0.59Adjusted endpoint mean score (baseline scores as covariates) meanG1: 13.61G2: 10.75Between group, p=NS (NR)Follow up score mean (SD) NR, but no significant differences from posttest found | None |