Table E-29. Combined parent-child cognitive behavioral therapy, mental health outcomes

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **First Author, Year** | **Comparison Groups** | **Measures** | **Mental Health & Behavior** | **Mental Health & Behavior (Part 2)** | **Mental Health & Behavior (Part 3)** | **Mental Health & Behavior (Part 4)** |
| Runyon, 201025 | G1: Combined Parent-Child CBT (CPC-CBT) G2: Parent-Only CBT | PTSD symptoms; Parent-reported internalizing behavior problems for children;  Parent-reported externalizing behavior problems for children | PTSD symptoms (K-SADS-PL) Baseline summary scores across parent and child, mean (SD) G1: 6.44 (1.60) G2: 6.58 (1.90) p=NR Endpoint summary scores across parent and child, mean (SD)  G1: 2.76 (1.83)  G2: 4.15 (2.72)  p=NR Change score mean (SD)  G1: p<0.001, d=1.69 G2: p<0.001, d=1.02  Adjusted endpoint mean score (baseline scores as covariates) mean  G1: 2.78  G2: 4.13  Between group, p<0.05  Follow up score mean (SD)  NR, but no significant differences from posttest found (i.e., changes at post-intervention maintained through follow-up) | Parent-reported internalizing behavior problems for children (CBCL-I) Baseline score mean (SD)  G1: 8.59 (6.83) G2: 9.12 (8.93) p=NR Endpoint score mean (SD)  G1: 6.47 (5.10) G2: 5.62 (6.68) p=NR Change score mean (SD)  G1: p<0.01, d=0.32 G2: p<0.01, d=0.41  Adjusted endpoint mean score (baseline scores as covariates) mean  G1: 6.61  G2: 5.43  Between group, p=NS (NR)  Follow up score mean (SD)  NR, but no significant differences from posttest found | Parent-reported externalizing behavior problems for children (CBCL-E) Baseline score mean (SD)  G1: 16.62 (10.99) G2: 17.69 (11.55) p=NR Endpoint score mean (SD)  G1: 13.32 (11.18) G2: 11.12 (10.96) p=NR Change score mean (SD)  G1: p=NS, d=0.30 G2: p<0.01, d=0.59  Adjusted endpoint mean score (baseline scores as covariates) mean  G1: 13.61  G2: 10.75  Between group, p=NS (NR)  Follow up score mean (SD)  NR, but no significant differences from posttest found | None |