Table E-104. Trauma-focused cognitive behavioral therapy, intervention characteristics

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| First Author, Year | Comparison Groups  | Intervention Length/Dose  | Intervention Recipient  | Intervention Provider  | Intervention Fidelity Tool? (Yes/No) | Intervention Delivery Mode (Format)  | Intervention Location  |
| Cohen, 199649 | G1: Cognitive-behavioral therapy for sexually abused pre-school children (CBT-SAP)G2: Nondirective supportive therapy (NST) | G1: 12 sessions over 12-16 weeksG2: 12 sessions over 12-16 weeks | G1: Child/parentG2: Child/parent  | G1: Master’s level cliniciansG2: Master’s level clinicians | G1: YesG2: Yes | G1: Individual G2: Individual  | G1: NRG2: NR  |
| Cohen, 200450 | G1: Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)G2: Child Centered Therapy for Treating PTSD  | G1: 12 weekly sessions; treatment last 90 minutes total with 45 minutes for each individual sessionG2: NR | G1: parent/childG2: parent/child  | G1: psychologists and social workers with cognitive behavioral and play therapy backgroundsG2: psychologists and social workers with cognitive behavioral and play therapy backgrounds | G1: YesG2: Yes | G1: individualG2: individual | G1: NRG2: NR |
| Deblinger, 200151 | G1: Supportive Therapy G2: Cognitive Behavioral Therapy | G1: 11 sessions for 1 hour and 45 minutes each session weekly G2: 11 sessions for 2 hrs weekly | G1: parent/ child in separate age appropriate groupsG2: parent/ child in separate age appropriate groups | All groups: Therapists (education not specified) | G1: Yes G2: YesG3: YesG4: Yes  | G1: Group G2: Group  | G1: NRG2: NR  |