**Appendix Table F19. Exploring heterogeneity in function composite around 3 months after strengthening exercise compared to placebo; results from meta-regression**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Variable** | **Coefficient** | **Standard Error** | **T Statistic** | **P>t** | **Lower 95% CI** | **Upper 95% CI** |
| Treatment duration (week) | 0.14 | 0.06 | 2.17 | 0.07 | -0.01 | 0.29 |
| Constant | -2.16 | 0.62 | -3.49 | 0.01 | -3.63 | -0.70 |
| Median age | 0.13 | 0.09 | 1.41 | 0.20 | -0.09 | 0.34 |
| Constant | -8.97 | 5.78 | -1.55 | 0.17 | -22.65 | 4.70 |
| Female proportion | -0.02 | 0.01 | -1.64 | 0.15 | -0.05 | 0.01 |
| Constant | 0.44 | 0.80 | 0.55 | 0.60 | -1.45 | 2.33 |
| Body Mass Index | 0.14 | 0.06 | 2.15 | 0.12 | -0.07 | 0.34 |
| Constant | -4.41 | 1.75 | -2.52 | 0.09 | -9.97 | 1.16 |
| Number of treatments/week | 0.17 | 0.17 | 1.02 | 0.35 | -0.24 | 0.57 |
| Constant | -1.47 | 0.58 | -2.53 | 0.05 | -2.89 | -0.05 |
| Duration per section | 0.02 | 0.03 | 0.54 | 0.64 | -0.11 | 0.14 |
| Constant | -1.52 | 1.22 | -1.24 | 0.34 | -6.76 | 3.73 |