

Appendix Table F98. Scoring of quality of life after electrical stimulation compared to no active treatment (results from individual RCTs)

Reference	Active	Definition of Quality of life	Randomized active/ control	Active mean/standard deviation	Control mean standard deviation	Mean difference (95% CI)
Yamanishi, 1997 ⁶²⁰ 14 men	Electrical pelvic stimulation with 50 Hz. square waves of 1 ms. pulse duration using vaginal electrode in women for 15 minutes 2 or 3 times daily	Disturbance in daily activities: 0-not at all, 3-very disturbed	20/13	1.00/1.20	2.10/1.00	-1.10 (-1.86; -0.34)
Bo, 1999 ⁴⁹³	Electrical stimulation using vaginal intermittent stimulation with the MS 106 Twin at 50 Hz 30 minutes/day	Change from baseline in leakage index	32/32	-0.20/0.51	0.10/0.58	-0.30 (-0.57; -0.03)
Bo, 1999 ⁴⁹³	Electrical stimulation using vaginal intermittent stimulation with the MS 106 Twin at 50 Hz 30 minutes/day	Change from baseline in social activity index	32/32	0.60/1.02	-0.20/1.73	0.80 (0.10; 1.50)
Sung, 2000 ⁶⁰²	Functional electrical stimulation for 20 minutes/session with frequency 35Hz-50Hz	Frequency of incontinence (0/5-very serious problem)	30/30	1.70/1.00	2.20/0.40	-0.50 (-0.89; -0.11)
Sung, 2000 ⁶⁰²	Functional electrical stimulation for 20 minutes/session with frequency 35Hz	Quantity of urine leakage	30/30	1.80/0.90	2.20/0.50	-0.40 (-0.77; -0.03)
Sung, 2000 ⁶⁰²	Functional electrical stimulation for 20 minutes/session with frequency 35Hz	Severity of incontinence	30/30	1.80/0.80	2.30/0.50	-0.50 (-0.84; -0.16)
Sung, 2000 ⁶⁰²	Functional electrical stimulation for 20 minutes/session with frequency 35Hz	Discomfort due to incontinence	30/30	1.80/0.80	2.20/0.60	-0.40(-0.76; -0.04)
Sung, 2000 ⁶⁰²	Functional electrical stimulation for 20 minutes/session with frequency 35Hz	Wearing protection	30/30	1.60/1.10	1.50/0.60	0.10 (-0.35; 0.55)
Sung, 2000 ⁶⁰²	Functional electrical stimulation for 20 minutes/session with frequency 35Hz	Discomfort due to wearing protection	30/30	1.30/0.60	1.30/0.50	0.00 (-0.28; 0.28)
Sung, 2000 ⁶⁰²	Functional electrical stimulation for 20 minutes/session with frequency 35Hz-50Hz	Avoidance of places and situations	30/30	1.40/0.90	1.50/0.80	-0.10 (-0.53; 0.33)
Jeyaseelan, 2000 ⁵⁴⁵	Electrostimulation technique described by Oldham (International Patent Publication WO98/47357) with a background low frequency (to target slow twitch fibers) and intermediate frequency with an initial doublet (to target fast twitch fibers)	Change in incontinence impact questionnaire (IIQ)	13/14	-4.10/16.40	-9.10/17.10	5.00 (-7.64; 17.64)

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(continued)**

Reference	Active	Definition of Quality of life	Randomized active/ control	Active mean/standard deviation	Control mean standard deviation	Mean difference (95% CI)
Jeyaseelan, 2000 ⁵⁴⁵	Electrostimulation technique described by Oldham (International Patent Publication WO98/47357) with a background low frequency (to target slow twitch fibers) and intermediate frequency with an initial doublet (to target fast twitch fibers)	Change in Urogenital Distress Inventory (UDI)	13/14	-11.80/15.90	-3.30/8.30	-8.50 (-18.18; 1.18)