

**Appendix Table F94. Continence after supervised pelvic floor muscle training when compared to no active treatment, individual RCTs**

Reference sample/men	Active	Randomized active/control	Active events/rate	Control events/rate	Relative risk (95% CI)	Absolute risk differences (95% CI)	Number needed to treat (95% CI)	Attributable events/1000 treated (95% CI)
Bo, 1999 <sup>493</sup> 61/0	Pelvic floor exercise with 8-12 contractions 3 times/day and in groups with skilled physical therapists 1/week	29/32	12/41	1/3	13.24 (1.83; 95.63)	0.38 (0.19; 0.57)	3 (2; 5)	383 (193; 572)