

**Appendix Table F92. Clinical outcomes after pelvic floor muscle training combined with biofeedback compared to no active treatment (results from RCTs pooled with random effects models)**

Outcome	Reference	Active events/ randomized	Control events/ randomized	Relative risk (95% CII)	Weight, %	Absolute risk difference (95% CI)	Weight %	Inclusion of mixed UI
Continence	Burns 1993 <sup>507</sup>	9/40	1/39	8.78 (1.17; 66.04)	64	0.20 (0.06; 0.34)	51	Yes
Continence	Aksac, 2003 <sup>478</sup>	16/20	0/10	17.29 (1.14; 261.69)	36	0.80 (0.59; 1.01)	49	No
Pooled		25/60	1/49	11.17 (2.21; 56.44)	100	0.49 (- 0.10; 1.08)	100	
Heterogeneity p value I squared				0.70	0.00	0.00	95.30	
Improved UI	Aksac, 2003 <sup>478</sup>	4/20	2/10	1.00 (0.22; 4.56)	25	0.00 (- 0.30; 0.30)	20	No
Improved UI	Burns, 1990 <sup>506</sup>	24/40	0/40	49.00 (3.08; 779.07)	15	0.60 (0.45; 0.75)	28	Yes
Improved UI	Burns, 1993 <sup>507</sup>	24/40	2/39	11.70 (2.96; 46.20)	26	0.55 (0.38; 0.72)	27	Yes
Improved UI	Goode, 2002 <sup>294</sup>	27/33	19/37	1.59 (1.12; 2.27)	35	0.31 (0.10; 0.51)	25	Yes
Pooled		80/133	23/126	3.93 (0.10; 15.49)	100	0.39 (0.17; 0.61)	100	
Heterogeneity p value I squared				0.00	78.00	0.00	80.30	