

Appendix Table F150. Quality of life scoring after continence program vs. PFMT (individual RCT)

Reference sample/men	Active	Control	Outcome	Randomized active/control	Active mean/standard deviation	Control mean standard deviation	Mean difference (95% CI)
Kim, 2001 ⁵⁴⁷ /0	Continence Efficacy Intervention Program	PFMT	Score of Improvement by subjective evaluation (0 to 100)	16/17	37.80/23.90	23.60/18.90	14.20 (-0.56;2 8.96)