Appendix Table F149. Clinical outcomes after PFMT combined with bladder training compared to bladder training alone (results from RCTs pooled with random effects models

Outcome	Reference	Active n/N	Control n/N	Rate active/control	Relative risk (95% CI)	Weight, %	Absolute risk difference (95% CI)	Weight, %
Continence	Wyman, 1998[619]	16/67	10/68	24/15	1.62 (0.80; 3.32)	32.71	0.092 (-0.041; 0.224)	33.66
Continence	Elser, 1999[522]	10/68	17/68	15/25	0.59 (0.29; 1.19)	33.03	-0.103 (-0.236; 0.03)	33.56
Continence	Wyman, 1998[619]	18/67	11/68	27/16	1.66 (0.85; 3.25)	34.26	0.107 (-0.031; 0.244)	32.78
		44/202	38/204	22/19	1.17 (0.6; 2.28)		0.031 (-0.102; 0.164)	
					0.064	63.70%	0.053	66.00%
Improved UI	Wyman, 1998[619]	14/69	9/68	20/13	1.53 (0.71; 3.30)	46.39	0.071 (-0.054; 0.195)	52.52
Improved UI	Wyman, 1998[619]	14/67	11/68	21/16	1.29 (0.63; 2.64)	53.61	0.047 (-0.084; 0.178)	47.48
Pooled		28/136	20/136	21/15	1.40 (0.83; 2.36)	100	0.059 (-0.031; 0.15)	100
Heterogeneity P value, I squared,%					0.75	0.00%	0.8	0.00%