

**Appendix Table F148. Clinical outcomes after PFMT combined with bladder training with or without transcutaneous tibial nerve (results from individual RCTs)<sup>591</sup>**

<b>Outcome</b>	<b>Active n/N</b>	<b>Control n/N</b>	<b>Rate active/control</b>	<b>Relative risk (95% CI)</b>	<b>Absolute risk difference (95% CI)</b>
Retained some urge urinary incontinence	11/26	21/26	44/81	0.5 (0.3;0.9)	-0.38 (-0.63;-0.14)
Reduction of at least 50% of the number of incontinence episodes	20/26	7/26	76/27	2.9 (1.5;5.6)	0.50 (0.26;0.74)
Reported cure or improvement	18/26	9/26	68/35	2.0 (1.1;3.6)	0.35 (0.09;0.60)