

**Appendix Table F121. Scoring of quality of life after acupuncture compared to no active treatment (results from individual RCTs)**

Reference	Active	Definition of quality of life	Randomized active/ control	Active mean/ standard deviation	Control mean standard deviation	Mean difference (95% CI)
Emmons, 2005 <sup>523</sup>	Acupuncture treatment expected to improve bladder symptoms	Urinary distress inventory score	44/41	3.60/3.20	5.80/4.80	-2.20 (-3.95; -0.45)
Emmons, 2005 <sup>523</sup>	Acupuncture treatment expected to improve bladder symptoms	Incontinence impact questionnaire score	44/41	4.30/2.70	7.00/3.50	-2.70 (-4.04; -1.36)
Kim, 2008 <sup>549</sup>	Hand acupuncture	How much inconvenience do you have due to urinary incontinence during daily life? (score 0 worse to 4)	25/27	1.70/0.66	1.70/0.08	0.00 (-0.26; 0.26)
Kim, 2008 <sup>549</sup>	Hand acupuncture	for physical hobbies such as exercise and mountain climbing? (score 0 worse to 4)	25/27	1.70/0.59	1.80/0.07	-0.10 (-0.33; 0.13)
Kim, 2008 <sup>549</sup>	Hand acupuncture	for social communities such as cinema and weddings (score 0 worse to 4)	25/27	1.80/0.70	1.30/0.09	0.50 (0.22; 0.78)
Kim, 2008 <sup>549</sup>	Hand acupuncture	for keeping friendships (score 0 worse to 4)	25/27	1.90/0.64	1.70/0.08	0.20 (-0.05; 0.45)
Kim, 2008 <sup>549</sup>	Hand acupuncture	for business with colleagues (score 0 worse to 4)	25/27	1.90/0.67	1.80/0.09	0.10 (-0.16; 0.36)
Kim, 2008 <sup>549</sup>	Hand acupuncture	for sexual life (score 0 worse to 4)	25/27	1.80/0.70	1.40/0.09	0.40 (0.12; 0.68)
Kim, 2008 <sup>549</sup>	Hand acupuncture	for making a new friends (score 0 worse to 4)	25/27	1.90/0.53	1.40/0.09	0.50 (0.29; 0.71)
Kim, 2008 <sup>549</sup>	Hand acupuncture	financial loss (score 0 worse to 4)	25/27	1.50/0.51	1.60/0.09	-0.10 (-0.30; 0.10)
Kim, 2008 <sup>549</sup>	Hand acupuncture	damage to your general health (score 0 worse to 4)	25/27	1.80/0.55	1.50/0.09	0.30 (0.08; 0.52)
Kim, 2008 <sup>549</sup>	Hand acupuncture	easily angry or nervous (score 0 worse to 4)	25/27	1.80/0.57	1.50/0.09	0.30 (0.07; 0.53)
Kim, 2008 <sup>549</sup>	Hand acupuncture	influence your general activity (score 0 worse to 4)	25/27	1.70/0.45	1.50/0.09	0.20 (0.02; 0.38)
Kim, 2008 <sup>549</sup>	Hand acupuncture	useless person than before (score 0 worse to 4)	25/27	1.70/0.52	1.50/0.09	0.20 (-0.01; 0.41)