

**Appendix Table F114. Quality of life after interventions that were implemented by continence specialists when compared to no active treatment, individual RCTs**

Reference sample/men	Active	Control	Definition of quality of life	Randomized active/control	Active events/rate	Control events/rate	Relative risk (95% CI)	Absolute risk differences (95% CI)	Number needed to treat (95% CI)	Attributable events/ 1000 treated (95% CI)
Du Moulin, 2007 <sup>575</sup> 101/0	Continence nurse and multi-disciplinary team	Standard care	No problem in pain/discomfort at 1 year of followup	50/51	19/38	5/10	3.88 (1.57; 9.58)	0.28 (0.12; 0.44)	4 (2; 8)	282 (125;439)
			No problem in usual activities at 1 year of followup	50/51	22/44	6/12	3.74 (1.66; 8.44)	0.32 (0.16; 0.49)	3 (2; 6)	322 (159;486)
			No problem in mobility at 1 year of followup	50/51	25/50	8/16	3.19 (1.59; 6.38)	0.34 (0.17; 0.51)	3 (2; 6)	343 (172;514)
			No problem in anxiety/depression at 1 year of followup	50/51	26/52	6/12	4.42 (1.99; 9.81)	0.40 (0.24; 0.57)	2 (2; 4)	402 (238;567)
			No problem in self-care at 1 year of followup	50/51	31/62	10/20	3.16 (1.74; 5.74)	0.42 (0.25; 0.60)	2 (2; 4)	424 (251;597)
Williams, 2005 <sup>614</sup> 3746/1498	Continence service	Existing primary care	% satisfied with current urinary symptoms for rest of life	2958/788	1893/64	418/53	1.21 (1.12; 1.30)	0.11 (0.07; 0.15)	9 (7; 14)	110 (71;148)
Williams, 2005 <sup>614</sup> 3,746/1,498			% of mild or no problem	2958/788	2337/79	552/70	1.13 (1.07; 1.18)	0.09 (0.05; 0.12)	11 (8; 8)	90 (54;125)