

Appendix Table F113. Improvement in urinary incontinence after interventions that were implemented by continence specialists when compared to no active treatment, individual RCTs

Reference sample/men	Active	Control	Randomized active/control	Active events/rate	Control events/rate	Relative risk (95% CI)	Absolute risk differences (95% CI)	Number needed to treat (95% CI)	Attributable events/1000 treated (95% CI)
O'Brien, 1996 ⁵⁸² /0	Followup after nurse-led continence interventions	Postponed treatment	146 in cured patients	19/13					
			in those with improved UI	124/85					
			in those without improvement in UI	15/10					
	Adherence to PFMT for more than year	No adherence	61/168	56/92	102/61	1.51 (1.31; 1.74)	0.31 (0.21; 0.41)	3 (2; 5)	311 (210; 412)
Williams, 2005 ⁶¹⁴ 3746/1498	Continence service	Existing primary care	2958/788	1834/62	410/52	1.19 (1.11; 1.28)	0.10 (0.06; 0.14)	10 (7; 16)	100 (61; 139)