

Appendix Table F111. Scoring of quality of life after pelvic floor muscle training combined with bladder training compared to no active treatment (individual RCT)

Reference	Active	Definition of quality of life	Randomized active/control	Active mean/standard deviation	Control mean/standard deviation	Mean difference (95% CI)
Kumari, 2008 ⁵⁵²	Behavioral treatment with PFMT+ bladder training	IIQ score	78/86	4.60/6.80	12.03/9.42	-7.43 (-9.93; -4.93)
Kumari, 2008 ⁵⁵²	Behavioral treatment with PFMT+ bladder training	IIQ score 6 month after intervention	78/86	2.57/8.16	9.54/10.88	-6.97 (-9.90; -4.04)