Appendix Table F109. Clinical outcomes after pelvic floor muscle training combined with bladder training compared to no active treatment (results from RCTs pooled with random effects models)

Outcome	Reference	Active events/ randomized	Control events/ randomized	Relative risk (95% CII)	Weight, %	Absolute risk difference (95% CI)	Weight %	Inclusion of mixed UI
Continence	Lagro-Janssen, 1992[553]	10/54	1/56	10.37 (1.37; 78.28)	12	0.17 (0.06; 0.28)	19	Yes
Continence	McFall,2000[571]	25/72	15/73	1.69 (0.97; 2.93)	30	0.14 (-0.00; 0.29)	17	Yes
Continence	Kumari, 2008[552]	30/78	1/86	33.08 (4.62; 236.86)	13	0.37 (0.26; 0.48)	19	Yes
Continence	O'Brien, 1991[581]	32/378	1/183	15.49 (2.13; 112.49)	13	0.08 (0.045; 0.11)	24	Yes
Continence	Diokno, 2004[516]	61/164	55/195	1.32 (0.98; 1.78)	32	0.09 (-0.01; 0.19)	20	Not reported
Pooled		158/746	72/593	3.79 (1.55; 9.27)	100	0.166 (0.06; 0.27)	100	
Heterogeneity p value I squared			<0.05	79		<0.05	85.2	
Improved UI	McFall,2000[571]	30/49	22/59	1.64 (1.10; 2.45)	28	0.24 (0.055; 0.42)	23	Yes
Improved UI	Lagro-Janssen, 1992[553]	40/54	2/56	20.74 (5.27; 81.63)	18	0.71 (0.58; 0.83)	25	Yes
Improved UI	Diokno, 2004[516]	92/164	80/195	1.37 (1.10; 1.70)	29	0.15 (0.05; 0.25)	26	Not reported
Improved UI	O'Brien, 1991[581]	182/378	7/183	12.59 (6.04; 26.22)	25	0.44 (0.39; 0.50)	27	Yes
Pooled		344/645	111/493	4.13 (1.58; 10.78)	100	0.39 (0.17; 0.60)	100	
Heterogeneity p value I squared				0.00	93.00	0.00	0.94	
Treatment failure	Lagro-Janssen, 1992[553]	1/54	2/56	0.52 (0.05; 5.55)	8	-0.02 (-0.08; 0.04)	87	Yes
Treatment failure	McFall, 2000[570]	10/49	15/59	0.80 (0.40; 1.62)	92	-0.05 (-0.21; 0.11)	13	Yes
Pooled		11/103	17/115	0.78 (0.39; 1.52)	100	-0.02 (-0.78; 0.04)	100	
Heterogeneity p value I squared				0.7	0	0.7	0	
Treatment discontinuation	McFall, 2000[570]	7/49	5/59	1.69 (0.57; 4.98)	38	0.06 (-0.06; 0.18)	40	Yes
Treatment discontinuation	Kumari, 2008[552]	9/78	10/86	0.99 (0.43; 2.31)	62	-0.00 (-0.10; 0.10)	60	Yes
Pooled		16/127	15/145	1.21 (0.62; 2.36)	100	0.02 (-0.05; 0.10)	100	
Heterogeneity p value I squared				0.45	0.00	0.46	0.00	