| Reference | Active | Definition of quality of life | Randomized active/ control | Active mean/standard deviation | Control mean standard deviation | Mean difference (95% CI) |
|-------------------------------|---|---|----------------------------|--------------------------------------|---------------------------------------|--------------------------------|
| Wyman, 1997 ⁶¹⁸ | Bladder training: patient education, progressive scheduled voiding regimen, positive reinforcement | Self reported quality of life measures (Incontinence Impact Questionnaire (IIQ) | 65/66 | 32.00/41.00 | 60.00/65.00 | -28.00 (-46.58; -9.42) |

Appendix Table F107. Scoring of quality of life after bladder training compared to no active treatment (individual RCT)