

# Data Abstraction Form for Questions 2 and 3

## How effective is the pharmacological treatment of UI?

## How effective is the nonpharmacological treatment of UI?

(Complete for each study)

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Number of the study in the database (PubMed ID, Cochrane accession number, ISBN) \_\_\_\_\_

First author \_\_\_\_\_

Year of the publication \_\_\_\_\_

Purpose/aim of study \_\_\_\_\_

Sponsorship \_\_\_\_\_

Conflict of interest \_\_\_\_\_

Design of the study (check one)

prospective cohort

retrospective cohort

cross-sectional

descriptive study

case-control

case-series

randomized controlled clinical trial

not randomized clinical interventions

other (specify)

Length of intervention \_\_\_\_\_

Length of followup \_\_\_\_\_

**Population variables** (target population)

Recruitment of the subjects

**Settings**

Community (general population) \_\_\_\_\_

Primary care \_\_\_\_\_

Specialized clinic \_\_\_\_\_

**Subjects**

**Race**

African Continental Ancestry Group, % \_\_\_\_\_

Asian Continental Ancestry Group, % \_\_\_\_\_

European Continental Ancestry Group, % \_\_\_\_\_

**Ethnicity**

African Americans, % \_\_\_\_\_

Arabs, % \_\_\_\_\_

Asian Americans, % \_\_\_\_\_  
**Hispanic Americans, %** \_\_\_\_\_  
Age \_\_\_\_\_  
Health status \_\_\_\_\_  
**Sample size:** \_\_\_\_\_  
Inclusion criteria \_\_\_\_\_  
Exclusion criteria \_\_\_\_\_  
Loss of followup \_\_\_\_\_

**Incontinence (dependent variable)**

1. Provide the definition of urinary incontinence used in the article.
2. Provide the data source to measure incontinence.
3. Mark how the outcome was reported.

*/\*Complete with values reported in article with page number in articles where data was extracted for quality control\*/*

*/\*Add as many lines for categories as necessary\*/*

*/\*Median is calculated when ranges only reported assuming normal distribution\*/*

*/\*Increment is analyzed when regression coefficients only reported\*/*

*/\*Provide means and standard deviation (95% CI) when reported\*/*

**Methods to assess urinary incontinence:**

Self report \_\_\_\_\_  
Medical diagnosis \_\_\_\_\_  
Medical procedure \_\_\_\_\_

**Urinary Incontinence, Incidence**

**Define** \_\_\_\_\_

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Symptoms \_\_\_\_\_  
Signs \_\_\_\_\_  
Acuity \_\_\_\_\_  
Severity \_\_\_\_\_  
Length \_\_\_\_\_  
Bothersomeness \_\_\_\_\_

**Urinary Incontinence, Progression**

**Define** \_\_\_\_\_

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**Symptoms** \_\_\_\_\_  
Signs \_\_\_\_\_  
Acuity \_\_\_\_\_  
Severity \_\_\_\_\_  
Frequency \_\_\_\_\_

**Urinary Continence**

**Define** \_\_\_\_\_

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Dependent Continence \_\_\_\_\_  
Independent Continence \_\_\_\_\_

**Clinical Interventions (independent variables)**

Provide the definition of each variable used in the article.

For drug and devices: Manufacturing company with the address, trade name

**Health Education**

**Define** \_\_\_\_\_

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**Behavioral Therapy**

**Define** \_\_\_\_\_

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Education \_\_\_\_\_  
Development of individualized diaries of daily dietary, physical activities, urinary habits  
Development of individualized voiding schedules  
Voiding schedules: prompted, timed, habit retraining  
Patterned urge response toileting  
Dose of intervention:  
Length of therapy \_\_\_\_\_  
Intensity of therapy, section number \_\_\_\_\_

**Biofeedback**

**Define** \_\_\_\_\_

Dose of intervention: \_\_\_\_\_

Length of therapy \_\_\_\_\_

Intensity of therapy \_\_\_\_\_

Monitoring device \_\_\_\_\_

**Pelvic Floor Muscle Training**

**Define** \_\_\_\_\_

Dose of intervention: \_\_\_\_\_

Length of training \_\_\_\_\_ Intensity of training \_\_\_\_\_

**Weight Loss**

**Define** \_\_\_\_\_

Dose of intervention: \_\_\_\_\_

Length of therapy \_\_\_\_\_

Intensity of therapy \_\_\_\_\_

**Diet Therapy**

**Define** \_\_\_\_\_

Dose of intervention: \_\_\_\_\_

Length of therapy \_\_\_\_\_

Intensity (dose) of therapy \_\_\_\_\_

**Vaginal Cones**

**Define** \_\_\_\_\_

**Electrical Stimulation**

**Define** \_\_\_\_\_

Dose of intervention: \_\_\_\_\_

Length of therapy \_\_\_\_\_

Intensity of therapy \_\_\_\_\_

**Inserts Urethral Patch or Urethral Insert**

**Define** \_\_\_\_\_

**Vaginal Pessary**

**Define** \_\_\_\_\_

**Detrol (tolterodine tartrate)**

**Define** \_\_\_\_\_

Dose of intervention: \_\_\_\_\_

Length of therapy \_\_\_\_\_

Dose \_\_\_\_\_

**Ditropan**

**Define** \_\_\_\_\_

Dose of intervention: \_\_\_\_\_

Length of therapy \_\_\_\_\_

Dose \_\_\_\_\_

**Sanctura (trospium chloride)**

**Define** \_\_\_\_\_

Dose of intervention: \_\_\_\_\_

Length of therapy \_\_\_\_\_

Dose \_\_\_\_\_

**Enablex (darifenacin)**

**Define** \_\_\_\_\_  
 Dose of intervention:  
 Length of therapy \_\_\_\_\_  
 Dose \_\_\_\_\_

**Vesicare (solifenacin succinate)**  
**Define** \_\_\_\_\_  
 Dose of intervention:  
 Length of therapy \_\_\_\_\_  
 Dose \_\_\_\_\_

**Botulinum Toxin Injections**  
**Define** \_\_\_\_\_  
 Dose of intervention:  
 Length of therapy \_\_\_\_\_  
 Intensity (dose) of therapy \_\_\_\_\_

**Oral Estrogen Therapy**  
**Define** \_\_\_\_\_  
 Dose of intervention:  
 Length of therapy \_\_\_\_\_  
 Intensity (dose) of therapy \_\_\_\_\_

**Topical Estrogen Therapy**  
**Define** \_\_\_\_\_  
 Dose of intervention:  
 Length of therapy \_\_\_\_\_  
 Intensity (dose) of therapy \_\_\_\_\_

**Magnetic Stimulation**  
**Define** \_\_\_\_\_  
 Dose of intervention:  
 Length of therapy \_\_\_\_\_  
 Intensity (dose) of therapy \_\_\_\_\_

**Urethral Bulking Procedures**  
**Define** \_\_\_\_\_  
 Dose of intervention:  
 Length of therapy \_\_\_\_\_  
 Intensity (dose) of therapy \_\_\_\_\_

Intervention	Control	Outcomes Definition	Number in Active	Number in Control	Outcome Level in Active Group	Outcome Level in Control Group	Events in Active Group	Events in Control Group	Relative Risk, (95% CI)	Absolute Risk Difference, (95% CI)
		Urinary incontinence								

**Quality of the studies:**  
 For clinical trials  
 Random allocation  Yes  No  
 Intention to treat:  
 Yes  No  not stated but all subjected included in analysis

**Masking of treatment status:**  
 Double blind \_\_\_\_\_  
 Single blind \_\_\_\_\_  
 Open label \_\_\_\_\_

**Randomization regime** \_\_\_\_\_  
 Adequate: computer-generated random numbers or random numbers tables  
 Inadequate: alternation, case record numbers, birth dates, or days of the week

**Adequacy of randomization** \_\_\_\_\_

Baseline data not reported \_\_\_\_\_

Baseline data confirmed the adequacy of randomization \_\_\_\_\_

**Allocation concealment** \_\_\_\_\_

Not reported \_\_\_\_\_

Adequate \_\_\_\_\_

Not adequate \_\_\_\_\_

Adequate approaches to concealment of allocation:

Centralized or pharmacy-controlled randomization

Serially-numbered identical containers

On-site computer based system with a randomization sequence that is not readable until allocation

Inferior approaches to concealment of allocation:

Use of alternation

Case record numbers

Birth dates or days of the week

Open random numbers lists

Serially numbered envelopes (even sealed opaque envelopes can be subject to manipulation)

**For observational studies**

Strategies to reduce bias \_\_\_\_\_

Relevant characteristics of providers \_\_\_\_\_

Justification for sample size \_\_\_\_\_

**Level of evidence of the individual study (check one)**

Interventions:

I Well-designed randomized controlled trial

II-1A Well-designed controlled trial with pseudo-randomization

I-1B Well-designed controlled trial without randomization

Observational studies

I-2A Well-designed cohort (prospective) study with concurrent controls

I-2B Well-designed cohort (prospective) study with historical controls

II-2C Well-designed cohort (retrospective) study with concurrent controls

II-3 Well-designed case-controlled (retrospective) study

III Large differences from comparisons between times and/or places

IY Opinion of respected authorities based in clinical experience