**Evidence Table 62a. Weight related outcomes for combined diet and physical activity intervention studies taking place in a community setting with school and home components**

| **Author, year** | **Arm** | **Base-line N** | **Base-line mea-sure, mean (SD)** | **First follow-up time-point in weeks** | **N at first follow-up** | **First follow-up mea-sure, mean (SD)** | **Mean change from base-line (SD)** | **Sec-ond follow-up time-point in weeks** | **N Sec-ond follow-up** | **Sec-ond follow-up mea-sure, mean (SD)** | **Mean change from base-line (SD)** | **Final mea-sure time-point** | **N at final mea-sure** | **Final follow-up mea-sure, mean (SD)** | **Mean Change from base-line (SD)** | **Measure of association** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **BMI (Kg/m2)** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Economos, 20071 | 1 | 561 |  |  |  |  |  |  |  |  |  |  |  |  |  | coefficient from regression model of change in BMI Z score pre and post-intervention  At first follow-up = -0.1307  CI: -01836 to -0.0778, p=0.0203  At final follow-up= -0.1048, p=0.0235 |
| 2 | 385 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

BMI = Body Mass IndexCI = Confidence Interval; kg/m2 = kilogram per meter squared; N = Sample Size; P = p-value; SD = Standard Deviation