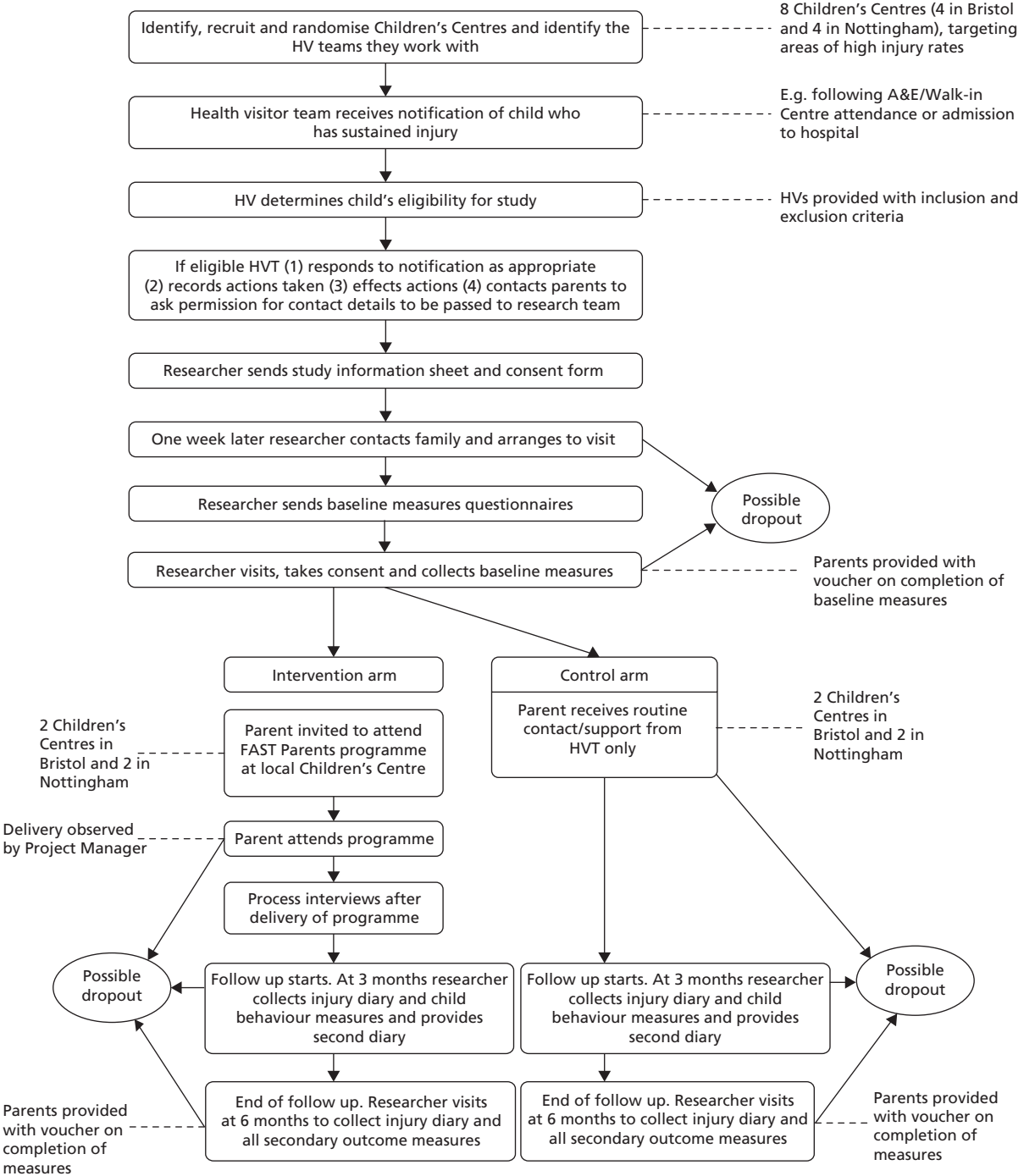
Identify, recruit and randomise Children's Centres and identify the HV teams they work with
8 Children's Centres (4 in Bristol and 4 in Nottingham), targeting areas of high injury rates
Health visitor team receives notification of child who has sustained injury
E.g. following A&E/Walk-in Centre attendance or admission to hospital
HV determines child's eligibility for study
HVs provided with inclusion and exclusion criteria
If eligible HVT (1) responds to notification as appropriate (2) records actions taken (3) effects actions (4) contacts parents to ask permission for contact details to be passed to research team
Researcher sends study information sheet and consent form
One week later researcher contacts family and arranges to visit
Possible dropout
Researcher sends baseline measures questionnaires
Researcher visits, takes consent and collects baseline measures
Parents provided with voucher on completion of baseline measures
Intervention arm
Control arm
Parent receives routine contact/support from HVT only
2 Children's Centres in Bristol and 2 in Nottingham
2 Children's Centres in Bristol and 2 in Nottingham
Parent invited to attend FAST Parents programme at local Children's Centre
Delivery observed by Project Manager
Parent attends programme
Process interviews after delivery of programme
Possible dropout
Follow up starts. At 3 months researcher collects injury diary and child behaviour measures and provides second diary
Follow up starts. At 3 months researcher collects injury diary and child behaviour measures and provides second diary
Possible dropout
Parents provided with voucher on completion of measures
End of follow up. Researcher visits at 6 months to collect injury diary and all secondary outcome measures
End of follow up. Researcher visits at 6 months to collect injury diary and all secondary outcome measures
Parents provided with voucher on completion of measures