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| **Author, Year** | **"A priori" design provided?** | **Duplicate study selection and data abstraction?**  | **Comprehensive literature search performed?** | **Non-English language studies considered for inclusion?** | **Conducted searches for unpublished (gray) literature?** | **List of included studies provided?** | **List of excluded studies provided with reasons?** | **Characteristics of the included studies provided?** | **Scientific quality of included studies assessed or documented?** | **Sensitivity analyses or stratified analyses conducted according to study quality?** | **Study conclusions supported by the evidence?** | **Conflict of interest stated for systematic review or individual studies?** | **Quality** |
| Evans, 2012100 | Yes | YesYes | Yes | Yes | Yes | Yes | Yes | Yes | YesYes | No | Yes | YesNo | Good |