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| **Overweight and Obesity in Mothers and Risk of Preterm Birth and Low Birth Weight Infants: Systematic Review and Meta-Analyses** (McDonald, Han, Mulla, and Beyene. BMJ 2010;341:c3428). |
| **Source:** Figure 2. Forest plot of risk of preterm birth before 37 weeks in overweight and obese women compared with women of normal weight in cohort studies (page 7) |
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| **Objectives/Aims:** To determine the relation between overweight and obesity in mothers and preterm birth and low birth weight in singleton pregnancies in developed and developing countries. |
| Primary outcome:  -preterm birth (<37 weeks gestation)  Participants:  -pregnant women with singleton pregnancies only  Comparability:  -age  -race, parity, smoking, marital status, education, socio-economic status, co-morbidities (e.g., diabetes, pre-eclampsia, gestatitional diabetes)  Followup:  -Not applicable (outcomes [preterm birth/birth weight] are obtained as soon as birth occurs)  Adequacy of followup:  -≥80% considered adequate |