**Table H28. Evidence table (Reference ID# 761)**

| Study Description | Intervention(s)/ Comparator(s) | Patient Population | Baseline Measure(s) | Outcome Measure(s) | Quality |
| --- | --- | --- | --- | --- | --- |
| **Author:**Moore et al., 2002**Country:**UK**Enrollment period:** May 1998 to September 1999 ( Trust A and B)January 2000 to July 2000 (Trust C)**Setting:** 3 NHS hospital trusts**Funding:**Medical Research Council**Author industry relationship disclosures:**0/7**Study Design:** Cluster RCT Midwife was unit of randomization**Blinding:** None | **Intervention:**Self-help smoking cessation, 5 booklets**Intervention provider:**Midwife**Intervention setting:**Hospital**Comparator:**Usual care**Groups:****G1:** Intervention**G2:** Control**Followup:**End of second trimester (26 weeks gestation) | **Inclusion criteria:** * Pregnant women attending first appointment
* Smoked before becoming pregnant (current smokers, cut down since becoming pregnant; or quit smoking since becoming pregnant)
* Age ≥ 16 years
* < 17 weeks gestation
* English speaking

**Enrollment, n:** **G1:** 724**G2:** 803**Followup, n:** 36-week visit **G1:** 610 **G2:** 707**Age, mean years ± SD:****G1:** 27.2 ± 6.0 **G2:** 26.7 ± 5.6 **Education, n (%):**Up to age 16 **G1:** 431 (61.0)**G2:** 499 (63.6)Age 17 to 18**G1:** 162 (22.9)**G2:** 179 (22.8)More than age 18 **G1:** 109 (15.4)**G2:** 100 (12.8)Currently in full time education**G1:** 6 (0.8)**G2:** 4 (0.5)**Gestation, mean weeks ± SD:****G1:** 11.8 ± 2.3 **G2:** 11.8 ± 2.3 **Insurance status:**NR**Parity, n (%):**First pregnancy**G1:** 224 (30.9) **G2:** 280 (34.9) **Partner status:**NR**Partner smoking status:**NR**Race/ethnicity:**NR**Socioeconomic status:**NR**Smoking history:**Number of cigarettes per day before pregnancy, mean ± SD**G1:** 16.0 ± 8.5 **G2:** 15.1 ± 8.0  | **Maternal smoking status**Number of cigarettes per day, mean ± SD:**G1**: 6.4 ± 6.6**G2:** 5.5 ± 5.8Smoking status, n (%):Current smoker**G1:** 97 (13.4)**G2:** 97 (12.1)Current smoker but cut down since becoming pregnant**G1:** 445 (61.5)**G2:** 464 (57.8)Stopped smoking since becoming pregnant**G1:** 182 (25.1)**G2:** 242 (30.1) | **Maternal smoking** **status** Abstinence at end of secondtrimester, n (%):**G1:** 113/600 (18.8)**G2:** 144/695 (20.7)**G1 vs. G2:** ∆=1.9 (95% CI: −3.5 to 7.3)Relapse:NR**Child/infant outcomes**NR**Adverse events:**NR | **Overall quality:**Good**Risk of bias**Randomization:LowAllocation concealment:LowSelective reporting:LowBlinding patients/personnel:LowBlinding outcome assessment:LowIncomplete outcome reporting:LowOther:Low |