**Evidence Table 54b. Intermediate outcomes for physical activity intervention studies taking place in a community only setting**

| **Author, year** | **Arm** | **Baseline N** | **Baseline measure, mean (SD)** | **Final measure timepoint** | **N at final measure** | **Final followup measure, mean (SD)** | **Mean Change from baseline (SD)** | **Measure of association** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Change in physical activity** |  |  |  |  |  |  |  |  |
| Eiholzer, 2010 1 | 1 | 20 | 0.97 (0.32) | 12 mon | 19 | NR | -0.08 (0.35) | NR |
|  | 2 | 24 | 0.89 (0.22) | 12 mon | 20 | NR | 0.16 (0.31) | P=0.01 |

N = Sample Size; NR = Not Reported; P = p-value; SD = Standard Deviation