**Evidence Table 30. Participant characteristics for studies taking place in a home only setting**

| **Author, year** | **Total N** | **Follow-up period, weeks** | **Girls, N (%)** | **Age,** **Mean (SD) unless otherwise labeled** | **Race, N (%)** | **Grade level, N (%)** | **Comments** |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Epstein, 20011 | 26 | 52  | Overall: (65)Arm1: Arm2: 7Arm3: 10 | Arm1: Arm2: 8.8 (1.8)Arm3: 8.6 (1.9) | NR  | NR | No differences between groups for any of the baseline values were observed, except for more hypertension in families inthe Decrease Fat and Sugar group (p<0.01). |
| Lappe, 20042 | 59 | 104  | Overall: 59 (100)Arm1: 32 (100)Arm2: 27 (100) | Arm1: 9.5 (0.3)Arm2: 9.5 (0.4) | NR | NR |  |
| French, 20113 | 90 households | 52  | NR (for children separately) | Age differs by group: no specifics were reported beyond:In the 90 participating households, there were:158 adults75 adolescents between 12-1784 children between 5-11, and 23 children <5 years | NR | NR | Note: baseline characteristics only provided on household level, not provided separately for adults and children.  |
| Fitzgibbon,20124 | 146 | 52 | Overall: 73(50)Arm1:35(47)Arm2:38(53) | Overall [months]: 54.2 (5.0 ) Arm1:54.7(5.1) Arm2:53.7(4.9) | Black, Non-Hispanic Overall:3 (2)Arm1:3(4)Arm2:0(0)Latin Hispanic Overall:137 (94)Arm1:68(92)Arm2:69(96)multiracial/other Overall:6(4)Arm1:3(4)Arm2:3(4) | Preschool: (100) | 146 participants completed baseline assessment. 128 participants had complete followup data and were included in primary analysis.  |

BMI = Body Mass Index; N = Sample Size; NR = Not Reported; P = P-value