**Evidence Table 30. Participant characteristics for studies taking place in a home only setting**

| **Author, year** | **Total N** | **Follow-up period, weeks** | **Girls, N (%)** | **Age,**  **Mean (SD) unless otherwise labeled** | **Race, N (%)** | **Grade level, N (%)** | **Comments** |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Epstein, 20011 | 26 | 52 | Overall: (65)  Arm1:  Arm2: 7  Arm3: 10 | Arm1:  Arm2: 8.8 (1.8)  Arm3: 8.6 (1.9) | NR | NR | No differences between groups for any of the baseline values were observed, except for more hypertension in families in the Decrease Fat and Sugar group (p<0.01). |
| Lappe, 20042 | 59 | 104 | Overall: 59 (100)  Arm1: 32 (100)  Arm2: 27 (100) | Arm1: 9.5 (0.3)  Arm2: 9.5 (0.4) | NR | NR |  |
| French, 20113 | 90 households | 52 | NR (for children separately) | Age differs by group:  no specifics were reported beyond:  In the 90 participating households, there were: 158 adults 75 adolescents between 12-17 84 children between 5-11, and  23 children <5 years | NR | NR | Note: baseline characteristics only provided on household level, not provided separately for adults and children. |
| Fitzgibbon,20124 | 146 | 52 | Overall: 73(50)  Arm1:35(47)  Arm2:38(53) | Overall [months]: 54.2 (5.0 ) Arm1:54.7(5.1) Arm2:53.7(4.9) | Black, Non-Hispanic Overall:3 (2)  Arm1:3(4)  Arm2:0(0)  Latin Hispanic Overall:137 (94)  Arm1:68(92)  Arm2:69(96)  multiracial/other Overall:6(4)  Arm1:3(4)  Arm2:3(4) | Preschool: (100) | 146 participants completed baseline assessment.  128 participants had complete followup data and were included in primary analysis. |

BMI = Body Mass Index; N = Sample Size; NR = Not Reported; P = P-value