**Evidence Table 10a. Weight related outcomes for diet intervention studies taking place in a school setting with a home component**

| **Author, year** | **Arm** | **Base-line N** | **Baseline measure, mean (SD)** | **First follow-up timepoint in weeks** | **N at first follow-up** | **First follow-up measure, mean (SD)** | **Mean change from baseline (SD)** | **Second follow-up timepoint in weeks** | **N Second followup** | **Second followup measure, mean (SD)** | **Mean change from baseline (SD)** | **Final measure timepoint** | **N at final measure** | **Final follow-up measure, mean (SD)** | **Mean Change from baseline (SD)** | **Measure of Association** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **% Overweight** | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Simonetti D'Arca, 198623 | 1 | 596 | 22.0% | 52 | 596 | 22.2% | +0.8 |  |  |  |  |  |  |  |  |  |
| 2 | 367 | 27% | 52 | 367 | 23.7% | -12.1 |  |  |  |  |  |  |  |  |  |
| 3 | 358 | 24.3% | 52 | 358 | 23.7% | -2.3 |  |  |  |  |  |  |  |  |  |
| **% Obese** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Simonetti D'Arca, 198623 | 1 | 596 | 11.4% | 52 | 596 | 12.1% | +5.9 |  |  |  |  |  |  |  |  |  |
| 2 | 367 | 13.3% | 52 | 367 | 11.7% | -12.2 |  |  |  |  |  |  |  |  |  |
| 3 | 358 | 10.6 | 52 | 358 | 11.2 | +5.3 |  |  |  |  |  |  |  |  |  |

N = Sample Size; SD = Standard Deviation