**Table 27. Baseline characteristics of participants in weight maintenance studies in populations with psych disorders**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Author,**  **Year** | **Baseline N** | **Mean/Median Age, Min Max, years** | **Mean/Median follow-up** | **Women** | **Race, n (%)** | **Education** | **Smoking** |
| Alvarez-jimenez 20101 | 61 | mean : 26.8  Median : 24.2  Range : 15-44 | Maximum : 24 | 24.6% | NR | NR | NR |
| McCreadie 20052 | 102 | mean : 45 | Maximum : 18 | 29% | NR | NR | 68% (approximately 2/3) |

NR = Not Reported

**References**

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2. McCreadie RG, Kelly C, Connolly M et al. Dietary improvement in people with schizophrenia: Randomised controlled trial. British Journal of Psychiatry 2005; 187(4):346-51.