**Table 11. Participant characteristics in studies reporting on groups in work settings**

| **Author,** **Year** | **Total N****Study Arms N** | **Follow-up Period, months** | **% Women** | **Age** | **Race** | **Education** | **Smokers** |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Dekkers, 20111 | 276Arm1: 92Arm2: 91Arm3: 93 | 24  | Overall: women, : 30.8 | Overall: age, mean: 44.0 | Not reported | Overall: highly educated, %: 56.9 | Overall: smoking, %: 13.8 |
| Goetzel 20092Goetzel, 20103 | 3,152Arm1: N: 634Arm2: N: 2,518 | 12 24  | Arm1: women, : 27.1Arm2: women, : 26.7  | Arm1: mean: 45.8Arm2: mean: 43.8\*Age reported differently by group: p<0.0001 | White, Arm1: %: 83.6Arm2: %: 75.0Hispanic,Arm1: %: 1.4Arm2: %: 11.7Black,Arm1: %: 9.9Arm2: %: 9.4Asian,Arm1: %: 4.3Arm2: %: 3.4American Indian/Alaska Native,Arm1: %: 0.8Arm2: %: 0.2\*Race reported differently by group: p<0.0001 | < Bachelor degree,Arm1: %: 8.5Arm2: %: 28.1Bachelor degree, Arm1: %: 27.0Arm2: %: 35.7Post-graduate degree, Arm1: %: 15.5Arm2: %: 11.5Not indicated,Arm1: %: 49.1Arm2: %: 24.7 \*Education reported differently by group: p<0.0001 | Not reported |
| Kwak, 20104 | 553Arm1: N: 188Arm2: N: 365 | 12 24  | Arm1: women, : 48.2Arm2: women, : 50.7 | Arm1: mean: 35.0Arm2: mean: 38.9\*Age reported differently by group: p<0.01 | Not reported | High school or less,Arm1: %: 19.3Arm2: %: 15.7Some college/ vocational training, Arm1: %: 29.2Arm2: %: 34.7University,Arm1: %: 51.6Arm2: %: 49.6 | Current smoker, Arm1: %: 17.3Arm2: %: 16.0 |
| Lemon, 20105 | 806Arm1: N: 420Arm2: N: 386 | 12 24  | Overall: women, : 81 Arm1: women, : 84.2Arm2: women, : 78.3\*Sex reported differently by group: p<0.0001 | Overall: age groups:18-40: 35.2%41-50: 33.4%>=51: 31.4% | Overall: white, %: 88.8Overall: black, %: 4.7Overall: Hispanic, %: 5.3Overall: Asian/Other, %: 1.4  | Overall: ≤high school, %: 13.0Overall: 1-3 years post high school, %: 46.3Overall: college degree, %: 26.6Overall: graduate degree, %: 14.1Arm1: ≤high school, %: 15.6Arm2: ≤high school, %: 10.8Arm1: 1-3 years post high school, %: 47.4Arm2l: 1-3 years post high school, %: 45.5Arm1: college degree, %: 27.5Arm2: college degree, %: 25.8Arm1: graduate degree, %: 9.5Arm2: graduate degree, %: 17.9\*Education reported differently by group: p=0.04  | Not reported |
| Linde, 20126 | 1,672Arm1: N: 949Arm2: N: 723 |  24  | Overall: women, : 60.7 | Overall: age groups:Under 30: 16.8%31-40: 25.3%41-50: 31.5%51-60: 23.1%Over 60: 3.3% | Overall: white, %: 86.8Overall, black, %: 4.3Overall, other, %: 4.4Overall, multi-racial, %: 1.3Overall, Hispanic, %: 2.2Overall, refused, %: 1.0 | Overall, less than high school/high school degree, %: 9.5Overall, technical degree/some college, %: 30.2Overall, college degree, %: 37.3Overall, graduate degree, %: 23.0 | Overall, current smoker, %: 14.2Arm1, current smoker, %: 15.6Arm2, current smoker, %: 12.3\*Smoking status reported differently by group: p<0.05. |
| McEachan, 20117 | 1,260Arm1: N: 598Arm2: N: 662 |  12  | Arm1, women, :: 53.2Arm2: women, : 54.8  | Arm1: mean: 42.46Arm2: mean: 43.13 | White-BritishArm1: %: 90.5Arm2: %: 88.9White-other: Arm1: %: 4.2Arm2: %: 4.6  | School level: Arm1: %: 32.7Arm2: %: 36.6Vocational:Arm1: %: 20.9Arm2: %: 21.7Undergraduate or postgraduate:Arm1: %: 46.5Arm2: %: 41.7 | Not reported |
| Robbins, 20068 | 68,591Arm1: N: 65,089Arm2: N: 3,502 | Arm1: mean: 367.4 daysArm2: mean: 374.4 days\*Follow up reported differently by group: p<0.0001  | Arm1: women, : 13Arm2: women, : 11\*Sex reported differently by group: p<0.0001 | Arm1: mean: 30.4Arm2: mean: 31.9 \*Age reported differently by group: p<0.0001 | Not reported | Not reported | Current smoker, Arm1: %: 24Arm2: %: 20\*Smoking reported differently by group: p<0.0001 |

N = Sample Size

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